

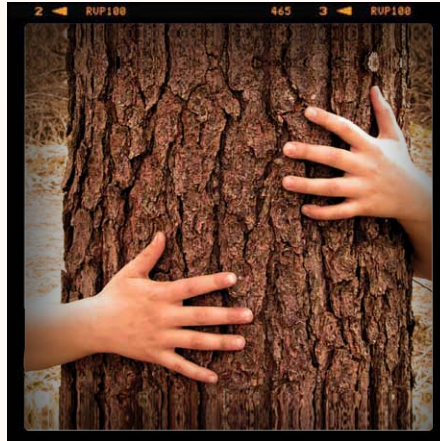
HAPPINESS & its causes

19 – 20 June 2013

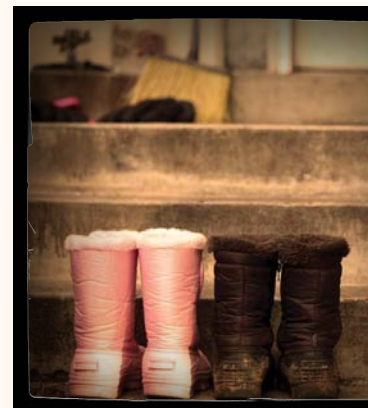
Melbourne Convention & Exhibition Centre

happinessanditscauses.com.au

A conference featuring His Holiness the Dalai Lama



**TOOLS &
TECHNIQUES
FOR A
HAPPIER
LIFE**



**BOOK BY
21 DEC &
SAVE UP
TO \$340!**

Tools & techniques for a happier life

Now in its 8th amazing year and for the first time in Melbourne, *Happiness & Its Causes* is the world's leading forum examining the varied causes of a happy and meaningful life. Join special guest **His Holiness the Dalai Lama** and 35+ amazing speakers in a fascinating exploration of human happiness and wellbeing.



Featuring His Holiness the Dalai Lama

Spend a full morning session with one of the world's most revered spiritual leaders. **Natasha Mitchell** asks him, "How can we make our life meaningful?"



Finding balance in life and work

Challenge the cult of speed with leading Slow Movement proponent **Carl Honoré** and hear the latest science on the importance of a happy workplace with innovative researcher **Nic Marks**.



A vibrant conference experience with 2,000+ delegates

Be part of the world's largest forum exploring happiness and wellbeing. The action packed program is designed to suit individuals and professionals in education, psychology, health care, business ... in fact, anyone!

The brain in love

What happens to your brain when you "fall in love"? Hear from world expert on romantic love, **Helen Fisher**, on how to find and keep lasting love.

Learn to thrive

Discover how to cultivate emotional intelligence with leading educator **Linda Lantieri**. Learn how to thrive not just survive when life hurts with acclaimed psychotherapist, **Russ Harris**.



Meet the world's leading psychologists

Learn about the new science of happiness with pioneering happiness researcher **Ed Diener**, the psychology of success with motivation expert **Carol Dweck**, and the wonders of a curious mind with author and researcher **Todd Kashdan**.

The art of happiness

Be entranced and entertained as much loved Australian cartoonist **Michael Leunig** illustrates a history of happiness, and Aria award winning musician **Clare Bowditch** shares how she chose happiness.

Inspiring personal stories

Be moved and uplifted by one of Australia's true heroes **Father Bob Maguire**, and by renowned Australian composer **Nigel Westlake** who didn't think he could compose again following the tragic death of his son.



Look who's speaking!

Hear from the world's leading speakers in science, education, psychology, economics, spirituality, the arts and more!

DAY ONE 09:00

THE NEW SCIENCE OF HAPPINESS

Professor Ed Diener, USA, pioneering psychologist and world's foremost expert on the science of happiness and life satisfaction

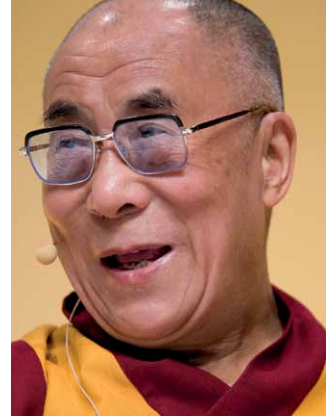


Why is happiness important? A rare opportunity to hear from the world's leading happiness researcher on his first visit to Australia in 25 years.

DAY TWO 09:15

SCIENCE OF MIND FORUM

His Holiness the 14th Dalai Lama, Tenzin Gyatso, Nobel Peace Prize Laureate



Isn't the mind amazing? Witness a unique dialogue between one of the world's most revered spiritual leaders and a panel of leading scientists.

DAY ONE 09:45

THE BRAIN IN LOVE

Dr Helen Fisher, USA, renowned anthropologist and leading expert on romantic love



Discover the science behind "falling in love" and learn how to find and keep a deep and lasting love.

DAY ONE 14:00

MINDSET: THE NEW PSYCHOLOGY OF SUCCESS

Professor Carol Dweck, USA, acclaimed psychologist and researcher in the field of motivation

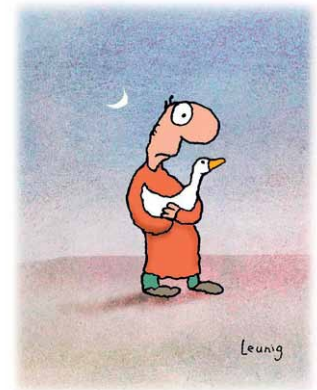


A fascinating exploration of what we mean by success and failure and how to encourage growth rather than fixed mindsets in ourselves and our children.

DAY ONE 10:15

SHORT NOTES FROM THE LONG HISTORY OF HAPPINESS

Michael Leunig, much loved cartoonist, philosopher, poet and artist, Australian National Living Treasure

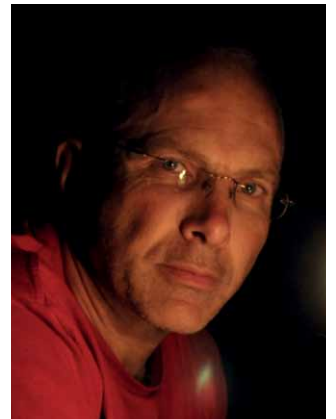


Australia's philosopher cartoonist offers all that he has found to be true about the mystery of happiness - and the popular pursuit of unhappiness.

DAY TWO 16:30

PERSONAL STORY: OVERCOMING ADVERSITY

Nigel Westlake, one of Australia's foremost composers with film scores including *Babe* and *Miss Potter*



Be moved and inspired by a renowned Australian composer who has transcended the tragic death of his son Eli to create a hauntingly beautiful requiem.

8:45

WELCOME

8:50

WELCOME TO COUNTRY

8:55

OPENING REMARKS FROM THE CHAIRPERSON

Dr Craig Hassed, GP, Senior Lecturer, Department of General Practice, **Monash University**

THE ART & SCIENCE OF HAPPINESS

9:00

THE NEW SCIENCE OF HAPPINESS

Why is happiness important? Is there an optimal level of happiness? Hear the latest research into the positive outcomes associated with increased levels of happiness.

Professor Ed Diener, world's foremost expert on the science of happiness and life satisfaction, Joseph R. Smiley Distinguished Professor of Psychology, **University of Illinois, USA**

9:45

THE BRAIN IN LOVE

Uncover the science behind "falling in love" and learn how to find and keep a deep and lasting love.

Dr Helen Fisher, anthropologist and expert on romantic love, Research Professor, **Rutgers University, USA**

10:15

SHORT NOTES FROM THE LONG HISTORY OF HAPPINESS

Australian philosopher cartoonist Michael Leunig will offer all that he has found to be true about the mystery of happiness - and the popular pursuit of unhappiness.

Michael Leunig, much loved cartoonist, philosopher, poet and artist, Australian National Living Treasure

10:35

MORNING COFFEE**HAPPINESS & A MEANINGFUL LIFE**

11:15

IN PRAISE OF SLOW

In the midst of our often hectic lives take some time to ponder - is faster always better? Explore how to balance fast and slow for a richer more productive life.

Carl Honoré, UK, leading proponent of the Slow Movement, award winning journalist and best-selling author: *In Praise of Slow* and *The Slow Fix*

11:45

PANEL: IS HAPPINESS UP TO ME?

A fascinating exploration of the sources of happiness and ways to increase our overall wellbeing. How much is really in our own hands?



Panellists: Morning presenters **Professor Ed Diener**, **Dr Helen Fisher** and **Carl Honoré** are joined by: **Jerril Rechter**, CEO, **VicHealth**

Moderator: **Lynne Malcolm**, Presenter *All in the Mind*, **ABC Radio National**



12:15

PERSONAL STORY: THE WINTER I CHOSE HAPPINESS

Be uplifted and inspired by an award winning singer-songwriter's story of finding happiness by dropping the bag of rocks she was carrying around, and how she was motivated by Leonard Cohen to choose a new path.

Clare Bowditch, Aria Award winning Melbourne singer and songwriter



Moderator: **Barry Divola**, author and journalist with *Rolling Stone* and *The Sydney Morning Herald*

12:35

LUNCH BREAK**HAPPINESS, CAREER & SUCCESS**

14:00

MINDSET: THE NEW PSYCHOLOGY OF SUCCESS

A fascinating exploration of what we mean by success and failure and how to encourage growth rather than fixed mindsets in ourselves and our children.

Professor Carol Dweck, leading researcher in the field of motivation; Professor of Psychology, **Stanford University, USA**; author: *Mindset: The New Psychology of Success*

14:30

HAPPINESS WORKS

Given we spend so much of our lives at work the importance of a happy workplace can't be underestimated - from both a personal and business perspective.

Nic Marks, innovative wellbeing researcher and co-creator of the Happy Planet Index, **New Economics Foundation (nef), UK**

15:00

24 PROVEN WAYS TO MAKE A BAD BOSS BETTER



Three out of four people report their boss is the most stressful part of their job. Discover how to use your strengths to create win-win outcomes for you and your boss.

Michelle McQuaid, positive psychology researcher, author and workplace trainer; consultant PricewaterhouseCoopers, BHP Billiton and National Australia Bank

15:20

NAP BEFORE YOU SNAP



Discover the science behind the reviving power of a mid afternoon nap.

Move over – it's mini siesta time!

Thea O'Connor, founder of NapNow! - refreshing our lives one nap at a time

15:35

AFTERNOON COFFEE

HAPPINESS & INSPIRATION

16:15

IN CONVERSATION WITH FATHER BOB MAGUIRE



Be moved by the dedication and compassion of one of Australia's true heroes who has spent a lifetime working with the homeless and sick.

Father Bob Maguire AM, a man of passion, creativity and humour; founder of the **Fr Bob Maguire Foundation**



Moderator: Richard Aedy, Presenter, *Sunday Profile*, ABC Radio National

16:40

THE THIRD SPACE: USING LIFE'S LITTLE TRANSITIONS TO FIND BALANCE AND HAPPINESS



Do you feel like you have multiple roles and find it hard to be all things to all people? Discover how to effectively transition between different roles to improve balance and happiness.

Dr Adam Fraser, leading educator and researcher on human performance; author: *The Third Space: Using Life's Little Transitions to Find Balance and Happiness*

17:00

THE POWER OF AN AUTHENTIC VOICE



Learn how to transform your communications to make them not only enjoyable but bloody brilliant!

Gretel Killeen, media presenter and author: *The Night My Bum Dropped*

17:20

CLOSE DAY ONE

19:00

GALA FUNDRAISING DINNER IN AID OF SMUGGLERS OF LIGHT FOUNDATION



After Dinner Speaker:

Smugglers of Light Founder and award winning composer, **Nigel Westlake**

Venue: Showtime Events Centre, 61 South Wharf Promenade, South Wharf

Enjoy a wonderful evening of fun, networking, and music with conference delegates and speakers over a delicious three-course meal. Be inspired by after dinner speaker **Nigel Westlake** who set up the Smugglers of Light Foundation to promote cultural awareness and empowerment through the mediums of music and film in youth and Indigenous communities as a tribute to his son, Eli, following his tragic death.

The venue affords stunning views of the Yarra River, the associated docks and the City Skyline and is an easy walk from the Melbourne Convention & Exhibition Centre.

This year's Gala Dinner will sell out quickly - so book now to avoid disappointment. Friends and partners are welcome.



VENUE



**Melbourne Convention & Exhibition Centre
1 Convention Place, Melbourne**

With its prime location on the banks of the Yarra River the Melbourne Convention and Exhibition Centre is Australia's most versatile convention and exhibition facility. Visitors looking for a truly Melbourne experience will find it encapsulated here at the centre - art, entertainment, culture, food and wine all set amongst an absolutely stunning, award-winning architectural design in the new South Wharf development.

9:00

WELCOME FROM THE CHAIRPERSON



Dr Michael Carr-Gregg, adolescent psychologist, ambassador, *beyondblue* and **MindMatters**

SCIENCE OF MIND FORUM WITH HIS HOLINESS THE DALAI LAMA

9:15

IN CONVERSATION WITH HIS HOLINESS THE DALAI LAMA



Be inspired by words of wisdom and compassion from one of the world's most revered spiritual leaders. In this intimate conversation with the Dalai Lama, Natasha Mitchell delves for practical advice on how we can lead a happy and meaningful life.

His Holiness the 14th Dalai Lama, Tenzin Gyatso, Nobel Peace Prize Laureate



Moderator: Natasha Mitchell, Presenter, *Life Matters*, **ABC Radio National**

9:45

SCIENCE OF MIND FORUM



Isn't the mind amazing? Science is only just beginning to glimpse the extraordinary workings of the mind and how it governs everything. Witness a unique dialogue between His Holiness the Dalai Lama and a panel of world renowned scientists.



Dr Mario Beauregard, Associate Researcher, Departments of Psychology and Radiology, Neuroscience Research Center, **University of Montreal, Canada**; author: *Brain Wars*
Professor Jayashri Kulkarni, Professor of Psychiatry, **The Alfred and Monash University**
Professor Lorimer Moseley, Professor of Clinical Neurosciences and Chair in Physiotherapy, **University of South Australia**

11.30

LUNCH BREAK

Life changing...re-affirming the importance of inner wellbeing.

Hannah Macdougall, Executive Admin, **Victorian Institute of Sport**

Very informative and a total joy.

Angela Piper, Lifeline

PSYCHOLOGY OF HAPPINESS

13:00

CURIOUS? DISCOVER THE MISSING INGREDIENT TO A FULFILLING LIFE



What advantages does a curious mind give us? Hear from a positive psychology pioneer on how to create lasting interests and passions for a fulfilling life.

Professor Todd Kashdan, clinical psychologist and pioneering researcher into curiosity, resilience and happiness, Professor of Psychology, **George Mason University, USA**

13:30

BUILDING EMOTIONAL INTELLIGENCE: TECHNIQUES TO CULTIVATE INNER STRENGTH IN CHILDREN



How can social and emotional learning be a part of every child's educational experience? Find out how to help children thrive in our unpredictable, complex world.

Linda Lantieri, USA, pioneering educator and international expert in social and emotional learning and resilience; Director, **The Inner Resilience Program, USA**

14:00

THE REALITY SLAP



One of Australia's leading psychotherapists uncovers how we can thrive, not just survive, when life hurts.

Dr Russ Harris, medical practitioner, psychotherapist, internationally-renowned Acceptance Commitment Therapy trainer; best-selling author: *The Happiness Trap* and *The Reality Slap*

14:30

PANEL: HOW CAN WE BUILD OUR INNER RESILIENCE?

Why do some people bounce back in the face of tragedy and disappointment while others are devastated? Join our panellists as they explore this important question.



Panellists: Afternoon presenters **Professor Todd Kashdan** and **Linda Lantieri** will be joined by:

Kate Carnell AO, CEO, *beyondblue*

Chris Skellett, NZ, clinical psychologist and executive coach; author: *When Happiness is Not Enough*

Moderator: Dr Craig Hassed, GP, Senior Lecturer, Department of General Practice, **Monash University**

15:00

AFTERNOON COFFEE

HAPPINESS, LOVE & FRIENDSHIP

15:40

HAPPY BODY, HAPPY MIND



Do you spend a lot of your life sitting at a desk or on the lounge in front of the TV? Hear how our sedentary lifestyle is affecting our wellbeing and learn tips to sustain a healthier lifestyle.

Anna-Louise Bouvier, nationally renowned physiotherapist, author and regular on the *Today Show*

16:00

MAKING COUPLES HAPPY



The series follows four couples as they embark on a challenging eight-week experiment to discover if scientifically verified tools can save their relationships. One of the couples from the series will join us.

Jennifer Cummins, Producer, *Making Couples Happy*, Heiress Films for ABC TV



Moderator: Julie McCrossin, MC, journalist, TV & radio presenter

16:20

CREATING ANGELS



An inspiring tribute to relationships, gratitude and the power of words.

Toni Powell, documentary filmmaker, storyteller and initiator of *The 30 Day Gratitude Challenge/Goodness Gracious Me!* workplace training programs

16:30

PERSONAL STORY: OVERCOMING ADVERSITY



Be moved and inspired by one of Australia's leading composers who has transcended the tragic death of his son Eli to create a hauntingly beautiful requiem and a foundation to support youth and Indigenous communities as a tribute to his son.

Nigel Westlake, award-winning composer and musician; film scores include *Babe* and *Miss Potter*, founder **Smugglers of Light Foundation**



Moderator: Richard Fidler, Presenter, *Conversations with Richard Fidler*, ABC Local Radio & ABC Radio National

17:00

CLOSING SESSION: TRINITY CHOIR SINGING EXCERPTS FROM MISSA SOLIS - REQUIEM FOR ELI



An uplifting finale with the internationally acclaimed Choir of Trinity College from the University of Melbourne.

17:10

CLOSE DAY TWO

PRE-CONFERENCE FULL DAY WORKSHOP

09:30 -16:30

Tuesday 18 June 2013

THE SCIENCE OF HAPPINESS



with **Professor Ed Diener**, world's foremost expert on the science of happiness and life satisfaction, Joseph R. Smiley Distinguished Professor of Psychology, **University of Illinois, USA**; Senior Scientist, **The Gallup Organization**

An amazing opportunity to hear from Professor Ed Diener, the world's leading researcher into the science of happiness and positive psychology, on a rare visit to Australia. In this informative and engaging workshop, participants will hear the latest research on life satisfaction and have the chance to ask questions directly to Professor Diener who Time magazine has described as "Dr. Happiness."

Explore key areas contributing to overall wellbeing for yourself and others. Topics for consideration include:

- Happiness as a beneficial state that helps people to function better
- The importance of helping people find and use their strengths as a key to successful living and organisations
- Evidence indicating the desirability of being grateful and helpful to others and society for increased health and happiness
- The intricate relationship of money and income to happiness
- The positivity ratio as a key to rewarding relationships.

PREMIUM PLATINUM SEATING



All seats in the auditorium have uninterrupted views of the stage. However, you may enhance your conference experience by taking up the Platinum Seating option. Enjoy guaranteed premium seating in an exclusive area close to the stage during the two conference days.

With Platinum Seating you will enjoy the best sight lines and a more intimate view of our special guests on stage. This option can be added to any conference package. Please see the booking form for details.

CHOOSE ONE MORNING AND ONE AFTERNOON WORKSHOP

MORNING WORKSHOPS: 09:00 - 12:00

WORKSHOP 1

Wielding your strengths



with **Professor Todd Kashdan**, clinical psychologist and pioneering researcher into curiosity, resilience and happiness, Professor of Psychology, **George Mason University, USA**

The greatest opportunities for joy, purpose, and personal growth don't happen when we're searching for happiness. They happen when we are mindful, approach rather than avoid challenges, and live in the moment and embrace uncertainty.

This workshop will use science, story, and practical exercises to show you how to become a curious explorer – a person who is comfortable with risk and challenge and who functions optimally in an unstable, unpredictable world.

Learn backdoor strategies for how to work with uncomfortable thoughts and feelings to be agile, creative, and revitalised.

WORKSHOP 2

Building emotional intelligence: techniques to cultivate inner strength in children



with **Linda Lantieri**, pioneering educator and international expert in social and emotional learning and resilience; Director, **The Inner Resilience Program** and Senior Program Advisor, **CASEL (Collaborative for Academic, Social and Emotional Learning), USA**

Using principles derived from modern brain research, participants will explore calming and focusing practices from Linda's book *Building Emotional Intelligence: Techniques to Cultivate Inner Strength in Children* and discuss how social and emotional learning and cultivating the inner lives of children and teachers can become an integral part of a child's school experience.

The workshop will focus on identifying and strengthening the social and emotional capacities of adults and young people by exploring how regular contemplative practice can help manage disturbing emotions, increase compassion, and cultivate an appreciation for reflection and stillness.

WORKSHOP 3

How to improve your relationships at work



with **Michelle McQuaid**, positive psychology researcher, author and workplace trainer; consultant **PricewaterhouseCoopers, BHP Billiton** and **National Australia Bank**

The single best predictor of momentary experiences that lead to higher well-being and engagement is not what we're doing but who we're doing it with. Creating positive relationships with your colleagues, your boss and your customers has a direct impact on your engagement, productivity and performance at work.

Are you doing enough? Discover positive psychology's proven, practical skills to help you build better relationships at the office. Together we'll:

- Discover how to ignite good relationships with strangers
- Unmask the simple secret to bonding with any colleague
- Explore how to make other people feel safe to avoid unproductive conflicts.

WORKSHOP 4

Sitting, moving, stress and sleep - how everyday habits can make for a happier mind and body



with **Anna-Louise Bouvier**, nationally renowned physiotherapist, author and commentator on mind and body well-being, regular on the *Today Show* and ABC TV series *Making Australia Happy* and creator of *The Happy Body ABC* series

Nationally renowned physiotherapist and creator of *Physiocise*, Anna-Louise Bouvier has spent years teaching people the importance of a happy body for a happier mind.

Take a practical journey to learn how small changes to every day physical habits like the way you sit, stand and walk can be used to improve your mood, increase your energy, enhance your productivity and keep you well.

Based on the latest mind body research, you will walk out looking taller and feeling stronger with strategies that can make an enormous impact on your stress levels and the quality of your sleep.

AFTERNOON WORKSHOPS: 14:00 - 17:00

WORKSHOP 5

The five ways to wellbeing



with **Nic Marks**, innovative wellbeing researcher and founder of the award-winning Centre for Well-being and co-creator of the Happy Planet Index, **New Economics Foundation (nef), UK**

In 2008 the UK government commissioned Nic and his colleagues at the New Economics Foundation (nef) to create a set of evidence based positive actions that would lead to enhanced wellbeing. From this brief the "five ways to wellbeing" were born:

- Connect ...
- Be Active ...
- Take Notice ...
- Keep Learning ...
- Give ...

Since their launch, the five ways have been used in hundreds of projects across the UK and as far afield as China, New Zealand, USA and Norway. This workshop will introduce the five ways, illustrate their power through interactive exercises and allow participants to imagine how they could enrich both their work and their personal lives.

WORKSHOP 6

The happiness trap



with **Dr Russ Harris**, medical practitioner, psychotherapist, internationally-renowned Acceptance Commitment Therapy trainer; best-selling author: *The Happiness Trap* and *The Reality Slap*

Many popular ideas about happiness are misleading or inaccurate, and will actually make you miserable if you believe them! This workshop (based on Russ's international best-seller, *The Happiness Trap*) will shatter the four big "happiness myths", and instead introduce you to the scientifically-proven approach of ACT: Acceptance & Commitment Therapy.

The aim of ACT is to maximise human potential for a rich, full and meaningful life, through the use of mindfulness skills and values-based living. So if you want to escape "the happiness trap", and find meaning and fulfilment in life, this workshop is for you!

WORKSHOP 7

The third space



with **Dr Adam Fraser**, leading educator and researcher on human performance; author: *The Third Space: Using Life's Little Transitions to Find Balance and Happiness*

For the last six years Dr Adam Fraser has been researching how people flourish while fulfilling some of the hardest jobs in society. These include special forces soldiers, palliative care nurses, leaders, working mothers and elite athletes.

His research shows the common characteristic they share is what they do in the transitional space (the third space) between each of the different roles, environments and tasks they move between.

In this interactive, practical and entertaining workshop you will find out how to use the transitional spaces in your life to improve your happiness, balance and engagement.

WORKSHOP 8

Balancing pleasure and achievement in your life

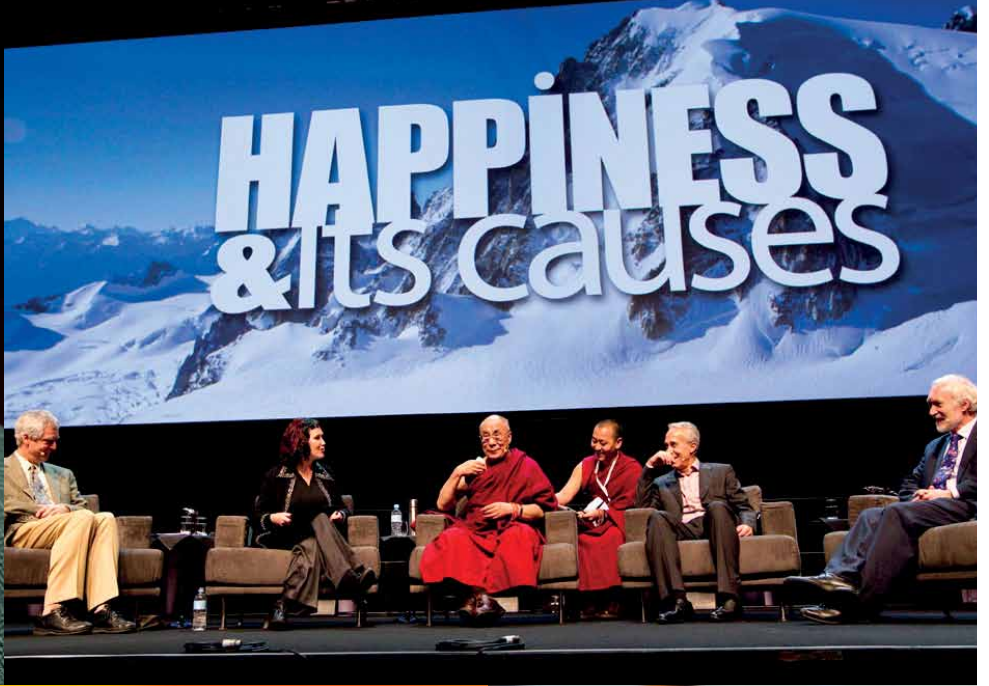
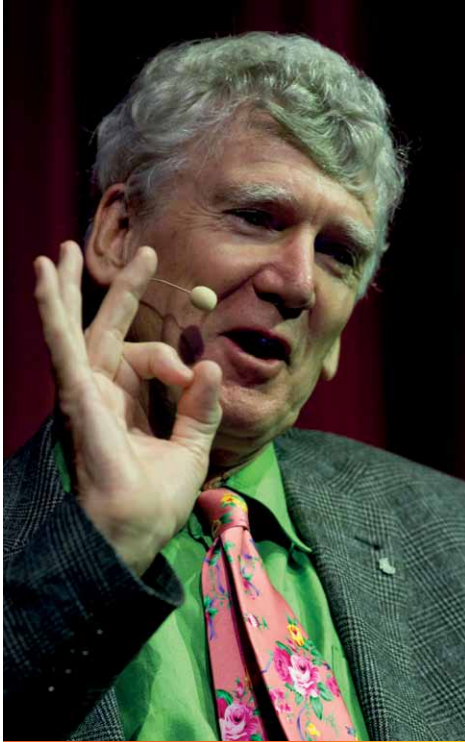
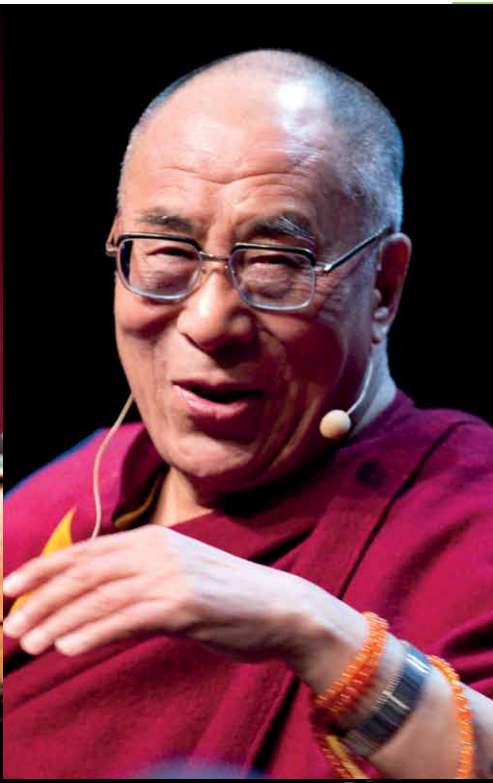


with **Chris Skellett, NZ**, clinical psychologist and executive coach; author: *When Happiness is Not Enough - Balancing Pleasure and Achievement in your Life*

In order to live a truly fulfilling life, we need to strike a considered balance between Pleasure and Achievement, a simple truth, known as the Pleasure/Achievement Principle. In this workshop, you will learn how to:

- Become more aware of your own Pleasure/Achievement orientation
- Harness the underlying influences that drive your decision-making style
- Enhance the quality of your personal relationships
- Experience a greater sense of fulfillment while at work, and finally
- Strike a healthy balance between the experience of pleasure and the experience of satisfaction.

This model works well as an adjunct to any existing structure that therapists use with their clients. It can add significantly to the conceptualisation of a wide range of psychological issues.



It's quicker and easier to book and pay online

Go to www.happinessanditscauses.com.au and click on "register now"

How to book your ticket

Online	Offline	Group bookings	Venue
It's quicker and easier to book and pay online – go to www.happinessanditscauses.com.au and click on "register now".	Complete this form and fax it back to +61 2 9798 9413 or call +61 2 8719 5118 and we'll take your booking over the phone.	Why not send your team and save more? Send 3 delegates and save 10% Send 6 delegates and save 20% Send 8 delegates and save 25% Call +61 2 8719 5118 to get this great offer – only one discount applies.	Melbourne Convention & Exhibition Centre, 1 Convention Centre Place, Melbourne www.mcec.com.au

Register now

Package (AUDS)*	Dates	By 21 Dec 12	By 28 Mar 13	By 31 May 13	After 31 May 13
2 day conference	19 - 20 June 13	\$895	\$995	\$1,045	\$1,095
Pre conference workshop	18 June 13	\$445	\$495	\$520	\$545
Post conference morning workshops Please choose from <input type="checkbox"/> 1 or <input type="checkbox"/> 2 or <input type="checkbox"/> 3 or <input type="checkbox"/> 4	21 June 13	\$220	\$245	\$255	\$270
Post conference afternoon workshops Please choose from <input type="checkbox"/> 5 or <input type="checkbox"/> 6 or <input type="checkbox"/> 7 or <input type="checkbox"/> 8	21 June 13	\$220	\$245	\$255	\$270
Gold Pass includes 2 day conference, pre-conference workshop, and 2 post-conference workshops AM: Please choose from <input type="checkbox"/> 1 or <input type="checkbox"/> 2 or <input type="checkbox"/> 3 or <input type="checkbox"/> 4 PM: Please choose from <input type="checkbox"/> 5 or <input type="checkbox"/> 6 or <input type="checkbox"/> 7 or <input type="checkbox"/> 8	18 - 21 June 13	\$1,515	\$1,685	\$1,770	\$1,855
Premium Platinum Seating (flat rate) (add to 2 day conference or Gold Pass price)		Add \$200	Add \$200	Add \$200	Add \$200
Gala Dinner	19 June 13	\$135	\$135	\$135	\$135

* The registration fee includes refreshments and full conference documentation. The fee does not include lunch on either day or hotel accommodation.

Your details

Delegate name Job title

Organisation (if applicable).....

Address

City State..... Postcode

Tel..... Fax

Email.....

* Please photocopy registration form if more than one person.

Payment details

Payment is required WITH registration. Your receipt will be sent to you once payment has been received. Your conference ticket/badge will be posted a few weeks before the conference.

Bank transfer Crossed cheque payable to Vajrayana Institute Inc. Visa Mastercard

Card number - - -

Card holder's name

Expiry date: ____ / ____ Security code Card holder's signature.....

Bank transfers: Account name: Vajrayana Institute, ABN: 83 065 481 424, Bank Name: CBA, BSB Code: 062 257, Account Number: 1017 1952 **Reference: Please quote delegate's name.**

Mail cheque payments to: Vajrayana Institute, PO Box 352 Summer Hill NSW 2130.

Accommodation package

The Lido Group is providing accommodation packages at a range of hotels close to the **Melbourne Convention & Exhibition Centre** – for information go to the venue page at www.happinessanditscauses.com.au.

Your voucher code

(you'll need to quote this for telephone and online bookings)

Privacy policy

Vajrayana Institute may contact you about products and services offered by Vajrayana Institute and the World Happiness Forum, which Vajrayana Institute believes may be of interest to you, or about relevant products and services offered by reputable third parties. Please tick the appropriate box if you do not wish to receive such information from:

Vajrayana Institute, or reputable third parties.

Cancellation policy

- 1.** Should you be unable to attend, a substitute delegate is welcome at no extra charge.
- 2.** Should you wish to cancel completely a charge of 50% of the registration fee will be made for cancellations received in writing at least 30 days prior to the conference start date.
- 3.** Alternatively, you may choose a credit note for the full value of the registration price (valid for 1 year), which may be put towards another VI Conferences event.
- 4.** We regret that no cancellations will be accepted within 30 days of the conference start date. Prepayments will not be refunded and invoiced sums will be payable in full, except in cases where it has been possible to mitigate loss.
- 5.** Course documentation will, however, be made available to the delegate. VI Conferences reserves the right to alter the programme without notice.

Payment is required with registration.

HAPPINESS & its causes

HAPPINESS & its causes

This conference is kindly supported by a range of organisations. Special discounts apply to Endorsing Body and Supporting Organisation members. Go to www.happinessanditscauses.com.au to find out more.

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