

mind&

ITS POTENTIAL

14 – 15 November 2013

SMC Conference & Function Centre, Sydney

The earlier
you book
the more
you save!



How do we
reach our
potential?



mindanditspotential.com.au

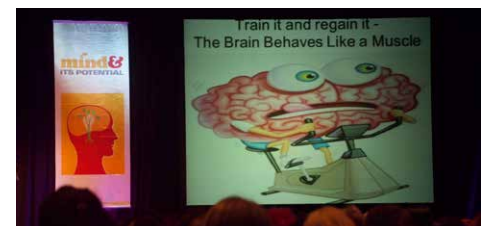
8 international experts • 30+ speakers • 8th amazing year!

How do we change?

How do we reach our potential?

How can we help others?

A fascinating exploration of how to apply the new science of the mind to learning, creativity and personal development. Learn from 30+ acclaimed experts from Australia and around the world at *Mind & Its Potential 2013!*



Your amazing mind

Be inspired and uplifted by the engrossing story of **Barbara Arrowsmith-Young** who overcame severe learning disabilities using cognitive exercises. Discover what happens when the mind is given free rein with science raconteur **Michael Corballis**.



The power of education

Be riveted by two courageous educators **Sanjit 'Bunker' Roy**, whose Barefoot College champions the education of the rural poor in India, and **Chris Sarra**, whose nationally acclaimed 'strong and smart' philosophy has changed the lives of many Aboriginal children.



The life well-lived

Consider what gives life meaning and purpose with international expert in the study of meaning and quality of life **Michael F Steger**, and be motivated to be the change you want to see in the world with thinker and change agent, **Jon Duschinsky**.

Being creative, engaged and productive

Learn how to cultivate professional empathy with emotions expert **Eve Ekman**, gratitude at work with positive psychologist **Lea Waters** and unlimited creativity with social entrepreneur **Tania de Jong**.

Unblocking your potential

Explore how desires, distractions and delusions may be preventing you from realising your potential with leading social commentator **Hugh Mackay**, philosopher and writer **Damon Young**, and cognitive neuroscientist **Cordelia Fine**.



A vibrant conference experience - 8 international experts, 30+ speakers, 7 workshops!

The action packed program is designed to suit individuals and professionals in education, psychology, health care, business ... in fact, anyone! Bring your whole team to this inspiring event.

Captivating personal stories

Discover how humour can break down stigma about having a mental illness with **Fay Jackson**, NSW Deputy Commissioner for Mental Health, and be moved by the transformational power of music with virtuoso Australian violinist, **Richard Tognetti**.

Mindfulness and your potential

Hear the latest scientific research on the effects of meditation with researcher **Baljinder Sahdra** and learn practical tips for integrating mindfulness into a busy work day with world authority on corporate mindfulness **Rasmus Hougaard**.



Big keynotes

Hear from the world's leading speakers in science, education, psychology, economics, spirituality, the arts and more!

DAY ONE 09:00

THE WOMAN WHO CHANGED HER BRAIN

Barbara Arrowsmith-Young, Canada, Director, Arrowsmith School and bestselling author of *The Woman Who Changed Her Brain*

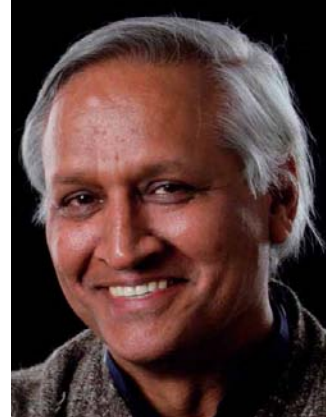


An incredible story of a woman who overcame severe learning difficulties using cognitive exercises to improve brain function.

DAY TWO 09:00

THE BAREFOOT MOVEMENT

Sanjit 'Bunker' Roy, India, social activist and educator; Founder and Director of the Barefoot College



Be motivated to make a difference in your life and those of others by a courageous and compassionate man working to educate the rural poor in India.

DAY ONE 14:00

CULTIVATING EMOTIONAL BALANCE AT WORK

Eve Ekman, USA, an expert working with emotion and mindfulness to reduce stress and burnout while enhancing 'professional empathy' in the workplace



How can we manage the emotional demands of working with people? Learn how to identify triggers that lead to stress and develop your professional empathy skills.

DAY TWO 10:00

PERSONAL STORY: THE TRANSFORMATIONAL POWER OF MUSIC

Richard Tognetti AO, virtuoso violinist and Leader and Artistic Director of the Australian Chamber Orchestra



The captivating story of one of Australia's leading musicians, internationally renowned for his compelling performances and artistic individualism.

DAY ONE 15:45

IN PURSUIT OF A MEANINGFUL LIFE

Associate Professor Michael F Steger, USA, international authority in the study of meaning and the quality of life



A riveting talk on what makes life meaningful and why we should care. Hear the latest scientific research on how meaningful experiences improve our lives and our work.

DAY TWO 16:05

ULTIMATE WELLNESS

Professor Kerryn Phelps AM, public health and human rights advocate and one of Australia's best-known and most respected GPs



Are you stuck in a health rut, finding it hard to change? Be motivated to assess your own health and create a plan for increased energy, reduced stress and ultimate wellness.

8:45

WELCOME

8:50

WELCOME TO COUNTRY

8:55

OPENING REMARKS FROM THE CHAIRPERSON



Dr Helena Popovic, medical doctor and specialist in how to improve brain function; author of *In Search of My Father - Dementia is No Match for a Daughter's Determination*

THE BIG PICTURE: YOUR AMAZING MIND

9:00

THE WOMAN WHO CHANGED HER BRAIN



An incredible story of a woman who overcame severe learning difficulties using cognitive exercises to improve brain function.

Barbara Arrowsmith-Young, Canada, Director, Arrowsmith School and bestselling author of *The Woman Who Changed Her Brain*

9:40

THE WANDERING MIND: GIVING THE MIND FREE REIN



A fascinating exploration of the workings of the brain by a master story-teller. What happens when we give the mind free rein?

Professor Michael Corballis, New Zealand, outstanding cognitive neuroscientist and science communicator; author of *Pieces of Mind: 21 short walks around the human brain*

10:10

THE ART OF MEMORY



Learn how to unlock the power of your mind using memory techniques that are relevant to the day-to-day demands on our brains.

Daniel Kilov, an accomplished memory athlete capable of memorising a shuffled deck of cards in under five minutes

10:30

MORNING COFFEE

WHAT'S BLOCKING YOUR POTENTIAL? DESIRES, DISTRACTIONS, DELUSIONS

11:00

WHAT MAKES US TICK – THE TEN DESIRES THAT DRIVE US



A highly personal account of the things Mackay has learnt from listening to people talk about their dreams, fears, faith, hopes, disappointments, frustrations and fantasies.

Hugh Mackay, one of Australia's leading social commentators and author of *What Makes Us Tick: The ten desires that drive us?*

11:30

DISTRACTION: A PHILOSOPHER'S GUIDE TO BEING FREE



Most of us struggle with distraction every day: the familiar feeling that our attention is not quite where it should be. Learn to tame the distractions that are pointless, and nurture those that are good.

Damon Young, Australian philosopher, commentator and author of *Distraction* and *Philosophy in the Garden*

11:50

BRAIN BREAK

11:55

DELUSIONS OF GENDER



We all know that the male and female brains are wired differently? Right? Wrong! Hear how this and other misperceptions about gender differences just perpetuate unfounded gender stereotypes.

Dr Cordelia Fine, an academic psychologist, writer and cognitive neuroscientist whose latest book *Delusions of Gender* challenges popular ideas about gender

12:15

PANEL: ARE WOMEN REALLY FROM VENUS AND MEN FROM MARS? POPULAR MYTHS ABOUT THE BRAIN

Do we really only use 10% of our brain? Are women inherently bad at reading maps? An informative and lively discussion throwing light on some widely accepted views of how our brains work.



Panellists: Presenters **Barbara Arrowsmith-Young, Professor Michael Corballis, Damon Young** and **Dr Cordelia Fine**

Moderator: **Dr Helena Popovic**

12:45

LUNCH BREAK

CREATIVE, ENGAGED & PRODUCTIVE: YOUR POTENTIAL AT WORK

14:00

CULTIVATING EMOTIONAL BALANCE AT WORK



Cultivating a sense of emotional balance and ease at work is critical to enhancing performance and satisfaction. How can we manage the emotional demands of working with people? How can we identify emotional triggers that lead to stress?

Eve Ekman, USA, an expert working with emotion and mindfulness to reduce stress and burnout while enhancing 'professional empathy' in the workplace

14:30

GRATITUDE AT WORK: HEARTS, MINDS AND THE BOTTOM LINE



Hear about extraordinary research into the role of gratitude in the workplace. Could it be the holy grail for increasing job satisfaction? How can gratitude be incorporated into workplace culture?

Associate Professor Lea Waters is internationally recognised for her expertise in Organisational Psychology and Positive Psychology

14:50

BRAIN BREAK

14:55

CREATIVITY: THE STRATEGIC TOOL OF THE 21st CENTURY



Creativity is more important to personal and professional success than ever before. But creativity has become an endangered species. Learn how to unleash your inner Leonardo!

Tania de Jong AM, leading Australian soprano and social entrepreneur

15:15

AFTERNOON COFFEE

REALISING A LIFE OF MEANING AND PURPOSE

15:45

IN PURSUIT OF A MEANINGFUL LIFE



A riveting talk on what makes life meaningful and why we should care. Hear the latest scientific research on how meaningful experiences improve our lives, work and overall wellbeing.

Associate Professor Michael F Steger, USA, international authority in the study of meaning and the quality of life

16:15

(ME)VOLUTION – THE GREATEST JOURNEY YOU WILL EVER TAKE



What characteristics do the world's great humanitarian leaders have in common? How can we learn from them? An inspiring roadmap to understanding how to build a powerful movement for good.

Jon Duschinsky, Canada, thinker and change agent who builds movements for companies and charities around the world; author of *(me)volution*

A wonderful two days of "brain food". Such a high quality conference – look forward to it every year and am never disappointed.

Sue Leitch, NSW Department of Education and Communities

16:45

PERSONAL STORY: SO YOU THOUGHT YOU COULDN'T LAUGH ABOUT MENTAL HEALTH? THINK AGAIN!



Discover how humour and emotion can be immensely valuable in breaking down barriers and stigma about having a mental illness.

Fay Jackson, award winning educator, advocate and voice for mental health and Deputy Commissioner for Mental Health, NSW

17:05

SYDNEY SINGS – STORIES AND MUSIC



Singing with others has been proven to improve our neural pathways! Be inspired by the stories and songs of an acclaimed choir which aims to recognise each unique voice.

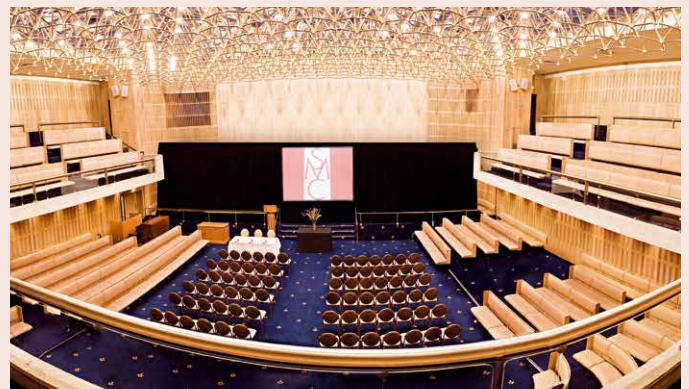
Liz Lecoanet, choir leader, Sydney Sings **Sydney Sings** is the first of Creativity Australia's With One Voice choirs to start in NSW



17:30

CLOSE DAY ONE

VENUE



SMC Conference & Function Centre 66 Goulburn St, Sydney

Located in Sydney's CBD the SMC Conference & Function Centre combines state of the art venue facilities with an impressive 'brutalist' architectural style featuring striking geometric angles and exposed concrete and timber textures. It is a short stroll from both Museum and Central Stations and the dynamic Chinatown precinct.

8:55

OPENING REMARKS FROM THE CHAIRPERSON



Dr Tim Sharp, leading psychologist and founder of Australia's first organisation devoted solely to enhancing happiness in individuals, families and organisations

EDUCATION: THE KEY TO UNLOCKING POTENTIAL

9:00

THE BAREFOOT MOVEMENT



Be motivated to make a difference in your life and those of others by a courageous and compassionate man named one of the 100 most influential people in the world by Time magazine in 2010 for his work in educating the rural poor in India.

Sanjit 'Bunker' Roy, India, social activist and educator; Founder and Director of the Barefoot College

9:30

STRONGER SMARTER: ENGAGING YOUNG MINDS



How do our expectations affect children's educational outcomes? Be inspired by a man who has shown how high expectations lead to stronger and smarter children in Aboriginal communities.

Dr Chris Sarra, inspiring indigenous educator and Founder of the Stronger Smarter Institute

10:00

PERSONAL STORY: THE TRANSFORMATIONAL POWER OF MUSIC



The engaging story of one of Australia's leading musicians - a violinist, conductor and composer who is internationally renowned for his compelling performances and artistic individualism.

Richard Tognetti AO, virtuoso violinist and Leader and Artistic Director of the Australian Chamber Orchestra



Moderator: Richard Fidler, popular broadcaster and host of *Conversations with Richard Fidler* on ABC Radio National

10:30

MORNING COFFEE

NUTURING YOUR POTENTIAL THROUGHOUT LIFE

11:00

NURTURING THE DEVELOPING BRAIN



What affect does maternal mood have on the development of children's neurocognitive abilities? Hear how different parenting styles affect both brain development and stress regulation.

Dr Anne Rifkin-Graboi, Singapore, a neuroscientist whose research explores the effect of parenting and attachment on children's development

11:30

JOURNEYS TO RECOVERY: BREAKING THE CYCLE



Symptoms of anxiety, worry and depression are often entrenched as habits of thought and action. How can we break the cycle of symptoms and recover from debilitating mental states?

Associate Professor Nick Titov, a clinical psychologist passionate about improving access to treatment for people with anxiety and depression

11:50

BRAIN BREAK

11:55

PANEL: HOW CAN WE MAKE THE MOST OF OUR POTENTIAL?



Be motivated to use your potential to add meaning to your life and contribute to the lives of others.

Panellists: Presenters **Sanjit 'Bunker' Roy, Michael F Steger, Eve Ekman, Anne Rifkin-Graboi, and Chris Sarra**



Moderator: Scientia Professor Gordon Parker AO, celebrated Australian psychiatrist and researcher, principally focusing on mood disorders

12:35

LUNCH BREAK

MINDFULNESS & YOUR POTENTIAL

14:00

THE SHAMATHA PROJECT: A SCIENTIFIC STUDY OF THE EFFECTS OF INTENSIVE MEDITATION PRACTICE



A ground breaking study of long term meditators has uncovered some startling effects of meditation practice on attention, emotion regulation and physiology.

Dr Baljinder Sahdra, lecturer in social, personal and developmental psychology and researcher on the first Shamatha Project

Opening our mind and hearts to possibilities – fantastic, thank you!

Lisa Brown, Psychologist, **Mindfulness, Psychology & Wellbeing**

14:25

MINDFULNESS FOR IMPROVED PERFORMANCE AND EFFECTIVENESS



Who has time to meditate in a busy work life? And yet mindfulness has been shown to increase both effectiveness and performance. Learn practical tips on integrating mindfulness into a busy life.
Rasmus Hougaard, Denmark, a world authority on bringing the benefits of mindfulness to the workplace

14:50

BRAIN BREAK

14:55

MINDFULNESS BASED STRESS REDUCTION FOR A MORE JOYFUL LIFE



Mindfulness training touches people in many powerful and often unexpected ways. Discover how to change your relationship to challenging circumstances and have more choice, participation and joy in life.

Timothea Goddard, psychotherapist, educator, workplace trainer and long-time student in the practices of Aikido, yoga, and meditation

15:15

REBOOTING THE MIND IN STRESSFUL TIMES



Are you: speedy, overstimulated, multitasking, dumbed down, exhausted, stressed, depressed? How can you: slow down, simplify, focus, relax, enjoy? Simple: 10 minutes meditation in your pyjamas every day!

Renate Ogilvie, psychotherapist, international lecturer in Buddhism, and consultant to the Bhutan Nuns Foundation

15:35

AFTERNOON COFFEE

PUTTING IT INTO PRACTICE: MAKING CHANGES THAT STICK

16:05

ULTIMATE WELLNESS



Many of us are stuck in a health rut, finding it hard to change. Be motivated to assess your own health and create a plan for increased energy, reduced stress and ultimate wellness.

Professor Kerryn Phelps AM, public health and human rights advocate and one of Australia's best-known and most respected GPs

16:25

PUMP IT UP: BOOSTING YOUR MENTAL FITNESS



Going to the gym is all the rage to boost our physical fitness but what about our minds? Can we boost our mental fitness in a similar way? Discover exercises for increasing psychological strength, flexibility and endurance.

Paula Robinson, registered psychologist and leading expert on mental fitness, wellbeing and positive psychology theory, research and practice.

16:45

BRAIN BREAK

16:50

PANEL: CAN WE OVERCOME THE NEW YEAR'S RESOLUTION SYNDROME AND MAKE CHANGES STICK?

Full of determination to make changes but somehow they don't last? Join this fascinating discussion on how to make changes stick.

Panellists: Presenters **Rasmus Hougaard, Kerryn Phelps, Paula Robinson, and Renate Ogilvie**



Moderator: Dr Tim Sharp

17:15

CLOSING SESSION: THAI-RIFFIC – REALISING YOUR DREAMS



An entertaining story of an 'awkward nerd' growing up in Western Sydney who has unleashed his inner comedian to great effect.

Oliver Phommavanh, author, teacher and stand up comedian

17:30

CLOSE DAY TWO

PLATINUM PREMIUM SEATING



All seats in the auditorium have uninterrupted views of the stage. However, you may enhance your conference experience by taking up the Platinum Seating option. Enjoy guaranteed premium seating in an exclusive area close to the stage during the two conference days.

With Platinum Seating you will enjoy the best sight lines and a more intimate view of our special guests on stage. This option can be added to any conference package. Please see the booking form for details.

PRE-CONFERENCE FULL DAY WORKSHOP

Wednesday 13 November 2013 09:30 - 16:30

INTRODUCTION TO CULTIVATING EMOTIONAL BALANCE (CEB)



with

Eve Ekman, USA, an expert working with emotion and mindfulness to reduce stress and burnout while enhancing 'professional empathy' in the workplace; Development Officer, Emotional Skills, Paul Ekman Group



and

Corey Jackson an accredited CEB trainer, majoring in Psychology and Sanskrit at the University of Sydney, and Tibetan interpreter at Vajrayana Institute. He has a passion for transferring ancient wisdom in a thoroughly modern context.

In this fascinating and interactive workshop learn the key elements of Cultivating Emotional Balance (CEB), a 42 hour training programme that builds specific scientifically and spiritually informed skills for cognitive and emotional regulation and mindfulness in work and life. The goal of the CEB program is to train participants in the skills for reducing emotional responses that are destructive to oneself and others, and to enhance positive states of compassion, empathy, altruism and pro-social behaviour.

This unique program was developed in response to a dialogue between revered spiritual leader, the Dalai Lama; Dr B. Alan Wallace, a highly respected Buddhist scholar; and Professor Paul Ekman, a world renowned psychologist within the field of emotions. This dialogue became the subject of Daniel Goleman's bestselling book, *Destructive Emotions*.

The workshop is highly experiential and will involve education about scientific research on emotions and mindfulness, group discussion and exercises. Participants will learn about the evolutionary function of emotions from the viewpoint of western psychology. Scientific exercises will increase our ability to identify emotions in others. Practical mindfulness sessions will allow time to build emotional awareness through engagement with our individual experience of emotions.

In addition to developing emotional awareness this training will address root causes of professional and personal stress. Learn skills to facilitate the regulation of emotions before they become 'over aroused' and create stress. Discover how to cultivate sustainable empathy and reconnect to meaning in your work and life.



POST-CONFERENCE WORKSHOPS

WORKSHOP 1

PUTTING MEANING TO WORK



with **Associate Professor Michael F Steger, USA**, international authority in the study of meaning and the quality of life; Director, Laboratory for the Study of Meaning and Quality of Life, Colorado State University

How can work be more than just a way to make money? This workshop provides a hands-on encounter with exciting scholarship on how positive psychological principles can help fashion work that contributes to a fuller, happier life. Conducted by Dr Michael Steger, internationally known expert on how meaningful experiences improve our lives and our work, the workshop will focus on three core areas:

- (i) Understanding meaningful work
- (ii) Identifying and using your unique psychological strengths in the workplace, and
- (iii) Examining strategies for making your work more meaningful.

WORKSHOP 4

MINDFUL PERFORMANCE AND WELLBEING AT WORK



with **Rasmus Hougaard, Denmark**, a world authority on bringing the benefits of mindfulness to the workplace; Founder and Director of The Potential Project

Modern work life is defined by distractions, complexity and busyness. The brain naturally responds to this by multitasking. Join this workshop to learn the detrimental effects of multitasking and explore basic strategies for overcoming it.

Discover how to thrive in challenging circumstances by applying a mindful way of working. It's about working smarter rather than working harder. The concepts and strategies being explored in the workshop have been implemented in companies such as Google, Sony, American Express and many other organisations around the world.

MORNING WORKSHOPS: 09:00 - 12:00

WORKSHOP 2

BEFRIENDING DIFFICULT EMOTIONS: MINDFULNESS BASED STRESS REDUCTION FOR EMOTIONAL REGULATION



with **Timothea Goddard**, psychotherapist, educator, workplace trainer and long-time student in the practices of Aikido, yoga, and meditation; Director, Openground Training & Consulting

Mindfulness Based Stress Reduction (developed by Jon Kabat-Zinn in 1979) offers a systematic training in mindfulness - learning how to cultivate an observant, accepting and compassionate stance towards your thoughts, emotional states, body sensations and impulses.

In this experiential workshop we will explore how mindfulness practice regulates emotional distress and increases capacities for self-reflection and wise action. We will draw on understandings from science and the wisdom traditions, practise together, explore the rich ground of human emotional life and hopefully become a little more free in responding to challenging circumstances.

WORKSHOP 3

THE ART OF MEMORY



with **Daniel Kilov**, an accomplished memory athlete capable of memorising a shuffled deck of cards in under five minutes; Silver Medallist at the National Memory Championships 2011 and 2012 and twice national record holder for memorising abstract shapes

Learn all the things you ever wanted to learn, but never thought you could. In this workshop participants will be trained in the art of memory, a loosely associated group of mnemonic principles and techniques used to organise memory impressions, improve recall, and assist in the combination and 'invention' of ideas.

Daniel believes that we are all mental athletes; in a competitive world, we all need to be able to remember more, to be more creative, innovative and focused. Discover how to remember names and faces, pins and passwords, quotes and speakers, jokes and trivia and more.

AFTERNOON WORKSHOPS: 14:00 - 17:00

WORKSHOP 5

MENTAL FITNESS IN EVERYDAY LIFE



with **Paula Robinson**, a registered psychologist and leading expert on mental fitness, wellbeing and positive psychology theory, research and practice; Managing Director, Positive Psychology Institute

In an increasingly busy, complex and demanding world, our psychological resources and reserves are being stretched to their limits. Having good *Mental Fitness* means having the strength, flexibility and endurance to meet the challenges of personal and professional life. Paula Robinson, is arguably the first in the world to address the concept, measurement and development of Mental Fitness, based on her PhD research. Join Paula for a lively, interactive and practical workshop exploring:

- The Mental Fitness Model
- How Mental Fitness fits within the broader context of Positive Psychology
- Practical activities and tools for boosting your Mental Fitness
- Creating your own Mental Fitness program for everyday life.

WORKSHOP 6

HAVE A NICE DAY - THANK YOU BUT I HAVE OTHER PLANS: CHANGING BAD HABITS

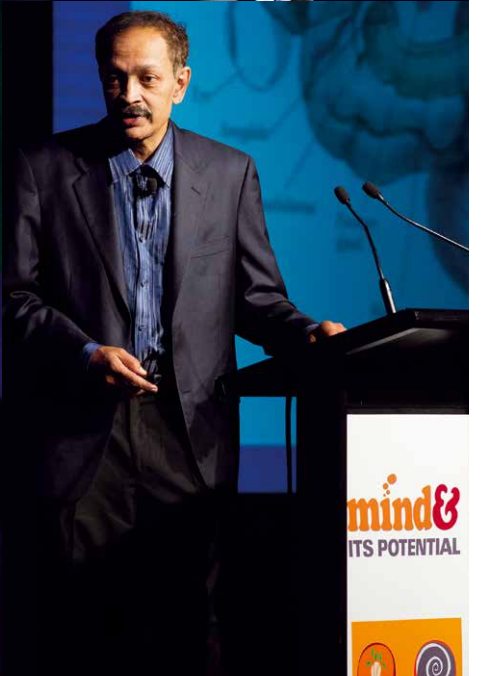


with **Renate Ogilvie**, psychotherapist, international lecturer in Buddhism, and consultant to the Bhutan Nuns Foundation

Our physical wellbeing relies on our psychological wellbeing. Bad habits undermine our wellbeing and lead to frustration and illness. The ancient wisdom teachings of the contemplative religions as well as neuroscience teach us that the mind can change. Accepting that the mind can change we need to understand its nature. Directing our mind into a new direction allows old habits to fade and more effective habits to grow. Our mind today will produce our future happiness.

The tools:

- Mindfulness techniques
- Effective visualisation
- Understanding and overcoming procrastination
- Facing addiction - the first step



It's quicker and easier to book and pay online

Go to www.mindanditspotential.com.au and click on "register now"

How to book your ticket

Online	Offline	Group bookings	Venue
It's quicker and easier to book and pay online - go to www.mindanditspotential.com.au and click on "register now".	Complete this form and fax it back to +61 2 9798 9413 or call +61 2 8719 5118 and we'll take your booking over the phone.	Why not send your team and save more? Send 3 delegates and save 10% Send 6 delegates and save 20% Send 8 delegates and save 25% Call +61 2 8719 5118 to get this great offer – only one discount applies.	SMC Conference & Function Centre, 66 Goulburn St, Sydney www.smcfc.com.au

Register now

Package (AUDS)*	Dates	By 30 August 13	By 18 October 13	After 18 October 13
2 day conference	14 - 15 Nov 13	\$895	\$995	\$1,095
Pre-conference workshop	13 Nov 13	\$445	\$495	\$545
Post-conference morning workshops Please choose from <input type="checkbox"/> 1 or <input type="checkbox"/> 2 or <input type="checkbox"/> 3	16 Nov 13	\$220	\$245	\$270
Post-conference afternoon workshops Please choose from <input type="checkbox"/> 4 or <input type="checkbox"/> 5 or <input type="checkbox"/> 6	16 Nov 13	\$220	\$245	\$270
Gold pass includes 4 days: 2 day conference, pre-conference workshop, and 2 post-conference workshops AM: Please choose from <input type="checkbox"/> 1 or <input type="checkbox"/> 2 or <input type="checkbox"/> 3 PM: Please choose from <input type="checkbox"/> 4 or <input type="checkbox"/> 5 or <input type="checkbox"/> 6	13 - 16 Nov 13	\$1,515	\$1,685	\$1,855
Platinum Premium Seating (flat rate) (add to 2 day conference or Gold pass price)		Add \$200	Add \$200	Add \$200
TOTAL				
ADD 10% GST TO YOUR TOTAL REGISTRATION FEE				
TOTAL AMOUNT PAYABLE				

ADD 10% GST TO YOUR TOTAL REGISTRATION FEE

* The registration fee includes refreshments and full conference documentation. The fee does not include lunch on conference or workshop days or hotel accommodation.

Your details

Delegate name Job title

Organisation (if applicable).....

Address

City State..... Postcode

Tel..... Fax

Email.....

* Please photocopy registration form if more than one person.

Payment details

Payment is required WITH registration. Your receipt will be sent to you once payment has been received. Your conference ticket/badge will be posted a few weeks before the conference.

Bank transfer Crossed cheque payable to Vajrayana Institute Inc. Visa Mastercard

Card number - - -

Card holder's name

Expiry date: ____ / ____ Security code Card holder's signature.....

Bank transfers: Account name: Vajrayana Institute, ABN: 83 065 481 424, Bank Name: CBA, BSB Code: 062 257, Account Number: 1017 1952 **Reference: Please quote delegate's name.**

Mail cheque payments to: Vajrayana Institute PO Box 352 Summer Hill NSW 2130.

Accommodation package

The Lido Group is providing accommodation packages at a range of hotels close to the **SMC Conference & Function Centre** – for information go to the venue page at www.mindanditspotential.com.au

Your voucher code

(you'll need to quote this for telephone and online bookings)

Privacy policy

Vajrayana Institute may contact you about products and services offered by Vajrayana Institute and the World Happiness Forum, which Vajrayana Institute believes may be of interest to you, or about relevant products and services offered by reputable third parties. Please tick the appropriate box if you do not wish to receive such information from:

Vajrayana Institute, or reputable third parties.

Cancellation policy

1. Should you be unable to attend, a substitute delegate is welcome at no extra charge.
2. Should you wish to cancel completely a charge of 50% of the registration fee will be made for cancellations received in writing at least 30 days prior to the conference start date.
3. Alternatively, you may choose a credit note for the full value of the registration price (valid for 1 year), which may be put towards another VI Conferences event.
4. We regret that no cancellations will be accepted within 30 days of the conference start date. Prepayments will not be refunded and invoiced sums will be payable in full, except in cases where it has been possible to mitigate loss.
5. Course documentation will, however, be made available to the delegate. VI Conferences reserves the right to alter the programme without notice.

Payment is required with registration.

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This conference is kindly supported by a range of organisations. Special discounts apply to Endorsing Body members. Professional development points may also apply. Go to www.mindanditspotential.com.au to find out more.

Endorsing Bodies



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FOR YOUR DIARY

HAPPINESS & its causes

Be part of the world's leading forum exploring human happiness and wellbeing.

Happiness & Its Causes 2014,
29 - 30 May 2014,
Seymour Centre,
Sydney

www.happinessanditscauses.com.au

