



# ANTA NATIONAL SEMINARS

## Melbourne 2013 - Free Admission

### OUTSTANDING PRESENTATIONS FOR ALL PRACTITIONERS, STUDENTS AND GRADUATES

#### 1 "The Stress Epidemic: Understanding the Effects of Stress on Long-term health"

Presented by: Berris Burgoyne

There is little doubt that stress is one of the most significant factors associated with an increase in chronic diseases in modern, urbanised, Westernised societies. As well as having a direct influence on many diseases, it is the major underlying cause for many unhealthy lifestyle choices such as cigarette smoking, excessive alcohol intake, over-eating and lack of exercise. In this lecture Berris will share her extensive clinical experience, spanning more than 20 years, in working with patients suffering from stress and the myriad of symptoms and problems it can cause.

Berris Burgoyne is a naturopathic clinician with over 20 years' experience. She runs a highly successful naturopathic clinic in Brisbane, and is a senior member of the MediHerb team as a clinical support consultant, technical writer and educator. Berris is a well know presenter at herbal medicine seminars in Australia, New Zealand, South Africa, and the United Kingdom, and more recently in the USA and Canada.

#### 2 "Nutrigenomics: Concepts & Applications for Clinical Practice"

Presented by: Daniel Roytas

Daniel Roytas is a Naturopath and Nutritionist, holding a Bachelor of Health Science in Naturopathy (Endeavour) and a Masters of Human Nutrition (Deakin). Daniel has a wide range of experience working within the tertiary education, corporate naturopathic and clinical sectors of the complementary medicine field. He has written for complementary medicine textbooks including Clinical Naturopathy: An Evidence-based Guide (2nd Edition) and has also developed technical material presented at national and international conferences.

#### 3 "Mineral Deficiencies and the Treatment of Musculoskeletal Pain"

Presented by: Jim Olds

Vice President & Director ANTA, Master of Sports Coaching, BHSc MST ECNH 2009, BHSc Comp Med CSU 2000, Dip Clinical Nutrition NSWSNM 1993, MSC GU 2011, GC HE 2008.

Jim has been a Nutrition and Remedial Therapist since 1993 and is currently the National Program Leader, Remedial Therapies Department Endeavour College of Natural Health.

#### 4 "Achieving Healthy Motherhood with Chinese Herbal Medicine"

Presented by: Tony Reid

Master of Acupuncture, Master of TCM (Hons) (UWS), Dip TCM (SITCM), Dip Ac (Hong Kong), Cert.Clinical Practice (China).

There are an increasing number of studies from China and Western countries that demonstrate the superior efficacy of TCM herbal treatments. This presentation examines the factors that affect fertility in females as well as males, outlining the TCM approach to the diagnosis and treatment of common problems in the area. The relevant TCM concepts are explained with a minimum of jargon, and clinical protocols using available prepared Chinese herbal medicines are provided.

(To attend you must book a seat)

DATE:

Saturday 23rd November 2013

VENUE:

PULLMAN MELBOURNE  
ALBERT PARK HOTEL  
65 QUEENS ROAD  
MELBOURNE VIC 3004

(Parking Available at Venue)

TIMES:

Seminar Starts: 1.30pm  
Interval: (15 mins) 3.30pm  
Seminar Finish: 6.00pm

FREE ADMISSION

(Bookings will fill fast)

5 CPE POINTS

(A great opportunity to earn CPE points for your ongoing health fund recognition)

RSVP:

To attend you must book your seat by either clicking on the 'Register' button provided on the ANTA Seminar page of the ANTA website, or by calling the ANTA National Administration Office on our free-call number 1800 817 577.

We recommend you book early to avoid disappointment.

INCLUDES:  
Door Prizes & Product Samples/Displays

It's your choice,  
Naturally

Australian Natural Therapists Association

Free-call 1800 817 577 [www.anta.com.au](http://www.anta.com.au)