

# 2013

## Bachelor of Health Science (Acupuncture)



ENDEAVOUR  
COLLEGE OF NATURAL HEALTH



### **Meridian** mē'ridēən *Noun*

A system of lines or circles which connect various points as channels through which energy flows. A point or period of highest development, greatest prosperity, or the like.

The meridian circles and lines associated with the Endeavour College of Natural Health symbolise the philosophy of holistic health care the College was founded on. Meridian lines continually intersect at various key points which reflects the strong connection between mind, body and spirit which graduates of the College strive to create for their patients to achieve balance and optimal health. The meridian line's ability to capture the point of highest development embodies the College's commitment to producing graduates of the highest quality and instilling the values of lifelong learning.

Balancing  
Qi for healing

Acupuncture is a branch of Chinese medicine that stimulates special points on the body in order to regulate the flow of Qi (vital force) to balance the functions of the body, mind and spirit and restore health. Chinese medicine combines theory (philosophy and principles) and practices such as acupuncture, Chinese herbs, medicinal diet, Qi Gong, exercise and massage (Tui Na).

### Course Duration

4 years full time: 24 contact hours per week  
8 years part time: 12 contact hours per week

### Study Mode

Face-to-face on campus with selected subjects available online.

### Online Learning

Subjects that may be taken online are shown in the course structure opposite. For a current listing of online subject availability and intake dates visit [www.endeavour.edu.au/online-learning/subjects-available-online/](http://www.endeavour.edu.au/online-learning/subjects-available-online/).

### Semester Intakes

February and August annually.

### Entry Requirements

Endeavour College is a direct entry institution.

- Year 12 or equivalent (OP/ATAR score not required)
- Mature age students without year 12 equivalent may be admitted based on relevant educational history.

### Transfer Credit

Students may apply for credit for subjects recently studied in formal education.

### Recognition of Prior Learning (RPL)

Students may apply for RPL based on relevant work experience and educational history.

### Payment Options

- FEE-HELP approved
  - Payment plan or upfront payment
- Tuition payment arrangements must be confirmed upon admission to the College.

### Campus CRICOS Codes:

VIC 01534F  
WA 02492C  
QLD 00231G  
NSW 03132G

### Classes

Classes are taught by experts who are highly trained in their fields and who bring their own clinical experience to help provide context to theoretical and therapeutic subjects.

### Practical Classes

To support learning, students attend practical classes where they are expected to practice interviewing techniques, examination and treatment procedures on each other under the supervision of qualified instructors. This is conducted with respect for privacy, cultural and religious differences.

### Teaching Clinics

Students gain significant clinical experience at Endeavour's Teaching Clinics under the supervision of qualified practitioners. Our busy clinics provide the opportunity to develop and hone clinical skills in patient assessment and management. Students may also have the opportunity to serve in community clinics with diverse patients.

### Assessments

While some subjects require mid-term and final exams, assessments may also comprise quizzes, essays and tutorial participation. Students enrolled in an online subject sit their final exam at the College or, if they live at a distance, under approved external supervision.

### Professional Recognition

Graduates may apply for membership with the following associations:

- Australian Acupuncture and Chinese Medicine Association Ltd (AACMA)
- Australian Natural Therapists Association (ANTA)
- Australian Traditional-Medicine Society (ATMS)
- Federation of Chinese Medicine and Acupuncture Societies of Australia Ltd (FCMA)

Prior to purchasing, graduates must apply for registration with (CMRBA) Chinese Medicine Registration Board of Australia.

### Online Learning

Professional associations vary as to the amount of online learning that they accept in a Bachelor degree. Their standards may change at any time and although Endeavour commits to keeping students informed of such changes, ultimately it is the student's responsibility to keep abreast of these issues to ensure they meet the qualifications.

### Career Opportunities

Acupuncturists may practice independently as a sole trader, or provide treatment in a multidisciplinary setting.

Acupuncturists often work alongside other allied health practitioners such as Medical Doctors, Physiotherapists, Osteopaths, Chiropractors and Naturopaths.

Practitioners may choose to focus on particular areas of interest such as women's medicine, sports medicine, men's medicine, chronic disease or other areas.

Graduates are eligible to apply for Master's programs in a variety of related areas.

For more information on this area of study explore online at [endeavour.edu.au](http://endeavour.edu.au) or call **1300 462 887** to speak with an Enrolment Adviser.

Visit [endeavourway.com.au](http://endeavourway.com.au) to listen Endeavour College experts talk about their area of expertise or visit and subscribe to [endeavour.edu.au/itunesu](http://endeavour.edu.au/itunesu).



FEE-HELP Available



Payment Plans Available



Selected Subjects Available Online



Part Time or Full Time Study Load

## Enrolling with Endeavour

Choosing the right course of study for your future career is an important decision. The Endeavour Admissions team is on hand to guide you through selecting subjects, class timetables and the right study mode and payment options to suit your circumstances.

To enrol or speak with a member of the team, phone 1300 462 887, email [info@endeavour.edu.au](mailto:info@endeavour.edu.au), enquire online at [www.endeavour.edu.au/enquire](http://www.endeavour.edu.au/enquire) or find us on Skype at "EndeavourEA".

# Full Time Course Structure – 4 Years

## Bachelor of Health Science (Acupuncture) BHSc (ACU)

Code	Subject Title	Pre-requisites/Co-requisites	Hrs/Wk	Austudy %	EFTSL	Online	Credits
<b>SEMESTER 1 – 1st Year</b>							
SOCF111	Foundations of Communication and Counselling	Nil	3	12.5	0.063	Y	2
NATE121	Foundations of Eclectic Medicine	Nil	3	12.5	0.063	N	2
CMAC111	Acupuncture Channel Theory	Nil	3	12.5	0.063	N	2
CMPR112	TCM Terminology in Chinese	Nil	3	12.5	0.063	N	2
BIOH111	Human Biological Science 1	Nil	6	25	0.125	Y	4
CMPR113	Foundations of Traditional Chinese Medicine	Nil	6	25	0.125	N	4
<b>SEMESTER 2 – 1st Year</b>							
BIOA121	Musculoskeletal Anatomy and Palpation 1	BIOH111*	3	12.5	0.063	N	2
CMPR121	TCM Assessment and Differentiation	CMPR113	6	25	0.125	N	4
BIOH122	Human Biological Science 2	BIOH111	6	25	0.125	Y	4
CMAC121	Point Location	CMAC111 + BIOA121	6	25	0.125	N	4
CMCS121	Chinese Medicine - Acupuncture Clinical Studies 1	CMPR113 + CMAC111	3	12.5	0.063	N	2
<b>SEMESTER 3 – 2nd Year</b>							
CMAC211	Acupuncture Therapeutics 1	CMAC121 + CMPR113 + CMPR121	3	12.5	0.063	N	2
CMTN211	Tui Na Therapeutics 1	CMAC121	3	12.5	0.063	N	2
BIOC211	Pathology and Clinical Science 1	BIOH122	6	25	0.125	N	4
CMAC212	Point Classification and Prescription	CMAC121 + CMPR121	3	12.5	0.063	N	2
CMEX421	Chinese Exercise Therapy	CMPR121	3	12.5	0.063	N	2
CMCS211	Chinese Medicine – Acupuncture Clinical Studies 2	CMCS121	3	12.5	0.063	N	2
BIOO211	Biochemistry for Complementary Therapists	Nil	3	12.5	0.063	N	2
<b>SEMESTER 4 – 2nd Year</b>							
CMAC221	Acupuncture Therapeutics 2	CMAC211	3	12.5	0.063	N	2
BIOC222	Pathology and Clinical Science 2	BIOC211	3	12.5	0.063	N	2
SOCI221	Interpersonal Skills of the Helper	SOCF111	3	12.5	0.063	N	2
CMAC222	Chinese Clinical Medicine 1	CMAC212 + CMTN211	3	12.5	0.063	N	2
CMAC223	Chinese Clinical Medicine 2	CMAC212	6	25	0.125	N	4
CMCS221	Chinese Medicine – Acupuncture Clinical Studies 3	CMCS211 + CMAC211	3	12.5	0.063	N	2
CMTN311	Tui Na Therapeutics 2	CMPR121 + CMTN211	3	12.5	0.063	N	2
<b>SEMESTER 5 – 3rd Year</b>							
CMTN321	Chinese Medicine – Tui Na Clinical Studies 1	CMCS221 + CMTN311	6	25.0	0.125	N	4
BIOE221	Clinical Examination	BIOC211	3	12.5	0.063	N	2
CMAC311	Chinese Clinical Medicine 3	CMAC223	3	12.5	0.063	N	2
BIOF211	Pharmacology	BIOH122 + BIOO211	3	12.5	0.063	Y	2
BIOC313	Pathology and Clinical Science 3	BIOC222	3	12.5	0.063	N	2
CMCS311	Chinese Medicine – Acupuncture Clinical Studies 4	CMAC221 + CMCS221	6	25.0	0.125	N	4
<b>SEMESTER 6 – 3rd Year</b>							
CMAC321	Chinese Clinical Medicine 4	CMAC223	3	12.5	0.063	N	2
BIOQ121	Foundations of Critical Enquiry	Nil	3	12.5	0.063	Y	2
CMTN411	Chinese Medicine – Tui Na Clinical Studies 2	CMTN321 + BIOC222	6	25	0.125	N	4
CMCS321	Chinese Medicine – Acupuncture Clinical Studies 5	CMAC311 + CMCS311 + BIOE221 + BIOC222	12	50	0.25	N	8
<b>SEMESTER 7 – 4th Year</b>							
CMAC411	Chinese Clinical Medicine 5	CMAC223	3	12.5	0.063	N	2
CMPR411	TCM Research 1	BIOQ121 + CMAC223 + BIOC313 + CMCS321	3	12.5	0.063	N	2
CMDE411	Chinese Dietetics	CMPR121	3	12.5	0.063	N	2
CMPR311	History and Development of Traditional Chinese Medicine	CMAC223 + CMCS221	3	12.5	0.063	N	2
CMCS411	Chinese Medicine – Acupuncture Clinical Studies 6	CMCS321	9	37.5	0.188	N	6
Elective 2	Elective	See below	3	12.5	0.063	–	2
<b>SEMESTER 8 – 4th Year</b>							
SOCE311	Establish and Manage a Practice	3rd Year	3	12.5	0.063	Y	2
BIOF421	Foundations of Public Health	3rd Year	3	12.5	0.063	N	2
CMPR421	TCM Research 2	CMPR411	3	12.5	0.063	N	2
CMAC421	Acupuncture Practical Clinical Workshop	CMCS411	3	12.5	0.063	N	2
Elective 3	Elective	See below	3	12.5	0.063	–	2
CMCS421	Chinese Medicine - Acupuncture Clinical Studies 7	CMCS411 + CMTN411	9	37.5	0.188	N	6
<b>Course Totals</b>			<b>192</b>		<b>4.0</b>		<b>128</b>

## Electives

### ELECTIVE STREAM 1

CMHB211	Chinese Herbal Medicine	CMPR121	3	12.5	0.063	N	
CMHB221	Chinese Herbal Formulae	CMHB211	3	12.5	0.063	N	

### ELECTIVE STREAM 2

CMTN312	Tui Na for Women and Children	CMTN211	3	12.5	0.063	N	
CMTN421	Tui Na for Women and Children Clinic	CMTN312	3	12.5	0.063	N	

\*This subjects can be taken also as a co-requisite (ie concurrently)

## Bachelor of Health Science (Acupuncture) BHSc (ACU) – Subject Descriptions

Code	Subject Title	
<b>SEMESTER 1</b>		
SOCF111	Foundations of Communication and Counselling	Introduces communication, counselling and interpersonal skills for a natural medicine practitioner.
NATE121	Foundations of Eclectic Medicine	Foundation for medical health practice in an integrative health system. Introduction to skills in research/evidence based practice.
CMAC111	Acupuncture Channel Theory	Develops theory of the jing luo (channels and collaterals) including the structure of the jing luo system, the course, functions and pathology of the jing luo.
CMPR112	TCM Terminology in Chinese	Learn to pronounce, spell, read and write Chinese herb and acupuncture point names, and basic TCM terms.
BIOH111	Human Biological Science 1	Introduces concepts of human anatomy, physiology, homeostasis and the systems of control, growth, development, replacement, structure, and movement.
CMPR113	Foundations of Traditional Chinese Medicine	Covers the historical origins, philosophical and conceptual bases and principles of TCM.
<b>SEMESTER 2</b>		
BIOA121	Musculoskeletal Anatomy and Palpation 1	This subject builds on the foundations of musculoskeletal anatomy and physiology delivered in Human Biological Sciences 1, providing a practical and theoretical framework for the development of palpation skills. Students learn to identify and palpate bony landmarks, muscles and other relevant structures.
CMPR121	TCM Assessment and Differentiation	Builds upon the basic foundations of understanding and using Traditional Chinese Medicine (TCM) concepts and practices.
BIOH122	Human Biological Science 2	Provides further understanding of maintenance of homeostasis and explores systems of transport, protection, nutrition, storage and elimination.
CMAC121	Point Location	Introduces points and point functions of 12 main jing (channels), Ren Mai (ren channel), Du Mai (du channel), and non-channel points.
CMCS121	Chinese Medicine - Acupuncture Clinical Studies 1	Introduces TCM clinic policies, procedures, professional regulations, ethics and requirements of clinical practice.
<b>SEMESTER 3</b>		
CMAC211	Acupuncture Therapeutics 1	Covers infection control, hygiene and safety (including anatomy of dangerous acupuncture sites). Introduces skills of needling and moxibustion.
CMTN211	Tui Na Therapeutics 1	Introduces Tui Na (traditional Chinese remedial massage) as an adjunctive practice to acupuncture.
BIOC211	Pathology and Clinical Science 1	Introduces concepts of body responses to injury, general pathological processes, symptomatology & diagnostic testing. Explores diseases of cardiovascular, respiratory, digestive & urinary systems.
CMAC212	Point Classification and Prescription	Complements theoretical and practical knowledge of Jing Luo and acupuncture points gained in ACT and PL.
CMEX421	Chinese Exercise Therapy	Apply Chinese philosophy/methods of Yang Sheng (health preservation, cultivation & enhancement) through life-style practices & Chinese exercise therapy.
CMCS211	Chinese Medicine – Acupuncture Clinical Studies 2	Acupuncture Clinical Studies 2 Provides experience of assisting with clinical activities and experience of various clinical roles, to prepare for treating patients in supervised clinics.
BIOQ211	Biochemistry for Complementary Therapists	Introduces structure of chemical molecules of the body, organic chemistry, and major biochemical pathways in health and disease.
<b>SEMESTER 4</b>		
CMAC221	Acupuncture Therapeutics 2	Develops intellectual and physical skills for clinical practice, including ba guan (cupping), guasha (scraping), moxibustion, electro-acupuncture and 9 needles.
BIOC222	Pathology and Clinical Science 2	Explores the pathological processes and medical management of ENT and ocular diseases, & diseases of lymphatic, haematological, integumentary & musculoskeletal systems.
SOCI221	Interpersonal Skills of the Helper	Communication theories & skills to establish and maintain a client helping relationship using Egan's problem-management/opportunity-development approach.
CMAC222	Chinese Clinical Medicine 1	Covers Traditional Chinese Medicine (TCM) Traumatology and introduces TCM orthopaedics, treatment of muscle and tendon injury with acupuncture and tui na.
CMAC223	Chinese Clinical Medicine 2	Covers TCM internal medicine, study assessment, differentiation & treatment of internal medical diseases with acupuncture & basic shi liao (Chinese dietary advice).
CMCS221	Chinese Medicine – Acupuncture Clinical Studies 3	Clinic policies, procedures and practices. Develop skills consulting, cluster diagnostic information, construct a treatment plan and perform an acupuncture treatment.
CMTN311	Tui Na Therapeutics 2	Develop skills in Tui Na techniques, appropriate to treat internal, musculoskeletal and gynaecological disorders as adjunctive practice to Acupuncture.
<b>SEMESTER 5</b>		
CMTN321	Chinese Medicine – Tui Na Clinical Studies 1	Clinical practice subject
BIOE221	Clinical Examination	Develop knowledge and skills to perform clinical assessment & examination from a Western medical perspective to assist in client diagnosis and management.
CMAC311	Chinese Clinical Medicine 3	Introduces the assessment, differentiation and treatment of gynaecological and obstetric diseases with acupuncture and basic shi liao (Chinese dietary advice).
BIOP211	Pharmacology	Understand pharmacology, and Western drug treatment, awareness of potential interactions between Western drug therapy and traditional medicines.
BIOC313	Pathology and Clinical Science 3	Explores the pathological processes, clinical features, diagnostic testing & medical management of diseases affecting endocrine, reproductive and nervous systems.
CMCS311	Chinese Medicine – Acupuncture Clinical Studies 4	Clinical practice subject
<b>SEMESTER 6</b>		
CMAC321	Chinese Clinical Medicine 4	Introduces TCM assessment, differentiation and treatment of paediatric and dermatological diseases, common diseases of external medicine.
BIOQ121	Foundations of Critical Enquiry	Learn to critically evaluate relevant literature, understand a variety of research methodologies, statistical techniques, and importance of research ethics.
CMTN411	Chinese Medicine – Tui Na Clinical Studies 2	Clinical practice subject
CMCS321	Chinese Medicine – Acupuncture Clinical Studies 5	Clinical practice subject
<b>SEMESTER 7</b>		
CMAC411	Chinese Clinical Medicine 5	Introduces TCM assessment, differentiation & treatment of eye, ear, nose and throat diseases with tui na & basic shi liao, psychological/physical conditions.
CMPR411	TCM Research 1	Explores features & issues in Traditional Chinese Medicine (TCM) research related to TCM theory and clinical practice. Also TCM related approaches.
CMDE411	Chinese Diets	Revise and consolidate knowledge gained throughout course with shi liao (Chinese dietetics), knowledge of food function and combinations.
CMPR311	History and Development of Traditional Chinese Medicine	Explores origins and historical development of Traditional Chinese Medicine (TCM). Outlines TCM figures and texts.
CMCS411	Chinese Medicine – Acupuncture Clinical Studies 6	Clinical practice subject
Elective 2	See below	
<b>SEMESTER 8</b>		
SOCE311	Establish and Manage a Practice	Develop skills to establish a health practice and manage/operate the clinic. Business strategies, ethics, privacy and relevant legislative requirements.
BIOF421	Foundations of Public Health	Explores the relationship between community education and public health, theories/principles, strategies & ethics within a 'new public health' framework.
CMPR421	TCM Research 2	Develop skills in reviewing and critiquing TCM research, features and issues in TCM research; acupuncture, Chinese herbal medicine and related practices.
CMAC421	Acupuncture Practical Clinical Workshop	Supervised acupuncture and tui na experience, working in pairs to gain experience from both practitioner's and patient's perspective.
Elective 3	See below	
CMCS421	Chinese Medicine - Acupuncture Clinical Studies 7	Clinical practice subject

## Electives

### ELECTIVE STREAM 1

CMHB211	Chinese Herbal Formulae	Chinese herbal formulae, including classification of Chinese herbal formulae, common functions & applications of each category of 30 Chinese herbal formulae
CMHB221	Chinese Herbal Medicine	Observes key herbs from Chinese herbal materia medica. Includes classification, common properties, functions and applications of 80 herbs.

### ELECTIVE STREAM 2

CMTN312	Tui Na for Women and Children	This subject introduces students to TCM theory, assessment & diagnostic approached practices particular to women and children and the use of tui na for conditions experienced by women and children.
CMTN421	Tui Na for Women and Children Clinic	This subject provides an opportunity to undertake the supervised clinical practice of tui na in a clinical setting devoted to the treatment of women and children.