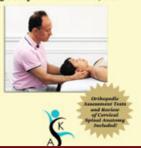
1. Motion Palpation Assessment & Joint Mobilization Treatment Techniques for the Neck :

2. Motion Palpation Assessment & Joint Mobilization Treatment Techniques for the Low Back & Pelvis By Joe Muscolino



Motion Palpation and Joint Mobilization Techniques for the Neck

by Joseph E. Muscolino, DC



Motion Palpation and Joint Mobilization Techniques for the Low Back and Pelvis

by Joseph E. Muscolino, DC



\$66 each Set of 2 Special Price \$110 + p&h This DVD covers motion palpation assessment and joint mobilization techniques for the neck. Motion palpation assesses joint range motion one joint at a time. Joint mobilization is a specific stretching of the intrinsic tissues of the joint. Dr. Joe Muscolino is a chiropractor in private practice and has been a massage therapy educator for 25 years. He explains and teaches these techniques simply, clearly, and thoroughly! This DVD is a must for all manual therapists: massage therapists, structural integration practitioners, physical and occupational therapists, chiropractic and osteopathic physicians.

Lack of mobility in the cervical regions of the spine cannot always be addressed via soft tissue release, it is necessary to address directly the restrictions at the facet joints. Joint mobilization is an extremely powerful and effective technique, and should be added to your tool box of treatment techniques. For clients who present with specific segmental spinal hypomobilities, it is the only treatment technique available to massage therapists that can remedy their condition.

This DVD covers motion palpation and joint mobilisation of the cervical, including orthopedic assessment tests and a review of cervical spina anatomy.

Feel for the motion by moving the joint. To evaluate joint motion, we challenge the joint to move through its ranges of motion and see if the motions are full. This can also be called "Motion Palpation. "The essence of a joint mobilization is to stretch the intrinsic tissues of the joint (ligaments, joint capsules, short deep muscles) by stabilizing the proximal bone and then introducing a gradual gentle-but-firm stretch force to the distal bone. A very valuable technique! " Joe Muscolino

ABOUT THE AUTHOR:

Joe Muscolino is a licensed chiropractic physician and has been a massage therapy educator for more than 25 years, with extensive experience in teaching kinesiology and musculoskeletal assessment and technique classes. Dr. Muscolino has authored 8 major publications with Mosby of Elsevier Science, including the best selling The Muscle and Bone Palpation Manual, Kinesiology and The Muscular System Manual.

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