## Shen's Textbook on the Management of Autoimmune Diseases TCM



SHEN Pi'an

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Shen's Textbook on the Management of Autoimmune Diseases with Chinese Medicine

Shen Pi'an

Foreword by Mazin Al- Khafaji

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This pioneering work presents an authoritative and comprehensive overview of autoimmune diseases from a clinical perspective and provides a step-by-step methodology for the evaluation and combination of herbal medicine and acupuncture in the management of these conditions.

The author, one of China's foremost specialists in the field, draws on his extensive experience to provide an in-depth analysis of his highly practical approach to treatment of the main autoimmune diseases, making it an indispensable companion for all Chinese medicine practitioners and all health professionals with an interest in understanding how Chinese medicine can help their patients.

"Professor Shen's writings impress not only by the clarity of the concepts he expounds, but crucially by the practical relevance and applicability of his work to the reality of the clinic. I can thoroughly recommend this excellent work." Mazin Al-Khafaji

## **Main Features**

> Detailed description and analysis of the main autoimmune diseases from a Chinese medicine perspective.

> Diseases discussed in depth include systemic lupus erythematosus, rheumatoid arthritis, Sjögren's syndrome, Crohn's disease, Graves' disease, and multiple sclerosis.

> Full pattern identification and a comprehensive array of clinically effective treatment options for each condition, incorporating herbal medicine and acupuncture as well as diet therapy.

> Extensive and informative selection of case histories demonstrating the translation of theory into practice.

> Wide spectrum of up-to-date clinical experience from highly regarded Chinese sources, thus broadening the information available to practitioners outside China.

> Practical discussion of the role of Chinese medicine alongside Western medicine.

> More than 40 colour photos.

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