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CHINA BOOKS

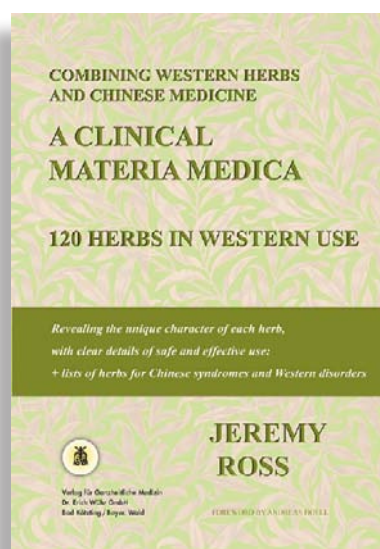


NEW SERIES BY JEREMY ROSS COMBINING WESTERN HERBS AND CHINESE MEDICINE

A Clinical Materia Medica: 120 Herbs in Western Use

Eastland Press, 456 pages, Hardback, ISBN 9783927344921, RRP: \$105

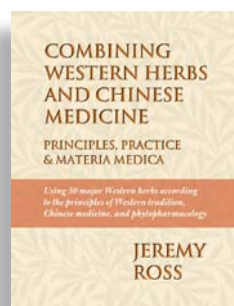
Student/Practitioner Price: \$ 89.25



The newly released second book in Jeremy Ross' series on combining Western herbs and Chinese medicine, this is a clinical materia medica with 120 herbs that is designed for quick access to a wealth of clinically important data about Western use, traditional Chinese use (where available), comparison with similar herbs, constituents and pharmacology, dosage and dispensing, and contraindications.

At the heart of each herb chapter is a clear and useful table that brings together Chinese actions, Western actions, Western uses, and examples of herb pairs for specific disorders. Herb pairs are the basic unit of herb combination. About 700 herb pairs are listed in this book with examples of the disorders treated. In the Appendix, there is a list of herb pairs for main Western disorders.

The book is enhanced by 120 drawings that clearly show the plant parts to aid identification and give a clear visualization of the herb. All main Chinese syndromes are given with details of symptoms, pulse and tongue, and lists of suitable herbs. This includes individual Chinese syndromes as well as common Chinese syndrome combinations.



Principles, Practice & Materia Medica

Eastland Press, 970 pages, Hardback, ISBN 9780972819305, RRP: \$115.00

Student/Practitioner Price: \$ 97.95

This is the first in a series of books that develops the unique approach of an integrated system of Western herbs and Chinese medicine. It combines 2,000 years of Western herbal tradition with traditional Chinese medicine and modern pharmacological research.

About the author

Jeremy Ross has qualifications in botanical sciences, science teaching, acupuncture, Chinese herbal medicine, and Western phytotherapy. He took his first course in Western herbs in California in 1974. Returning to England, he completed the course of the National Institute of Medical Herbalists, in 1982. In 1988, he graduated from the 2-year course in Chinese herbal medicine given by Ted Kaptchuk, and then completed further herbal training at the International College of Nanjing, China.

"With his deep knowledge of Chinese medicine, Western herbal medicine, and Western sciences, Jeremy Ross is uniquely qualified to undertake the important and difficult task of interpreting the nature and functions of Western herbs according to the principles of Chinese medicine."

-- Giovanni Maciocia

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