

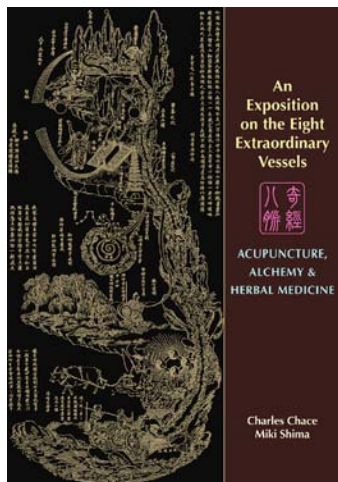
NEW TITLE FROM CHINA BOOKS

An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy & Herbal Medicine

Li Shi-Zhen, translated by Charles CHACE and Miki SHIMA

Eastland Press, 495 pages, Paperback, 2010, ISBN 9780939616695,

\$ 76.95



This translation of Li Shi-Zhen's *Qi Jing Ba Mai Kao* brings together many of the master's writings on acupuncture, herbal medicine and internal cultivation. It is the first translation of his exposition in English and amongst the most comprehensive discussions of the text in any language.

The extraordinary vessels appear in various early daoist practices. Steven Birch speculates in his foreword that they may even have stemmed from an entirely different tradition than that of the channels and vessels which predominates today. Li Shi-Zhen seems to have been the first to bring these diverse medical and alchemical ideas into focus as a coherent system. The text, now translated into English for the first time, is divided into five parts as follows:

- ❁ Part 1: Introduction to the three main themes and to pulse diagnosis
- ❁ Part 2: The Chinese text and translation.
- ❁ Part 3: An extensive commentary
- ❁ Part 4: The influence of Li Shi-Zhen's extraordinary text on pre-modern and modern physicians
- ❁ Part 5: Appendices, Tables and Indexes

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