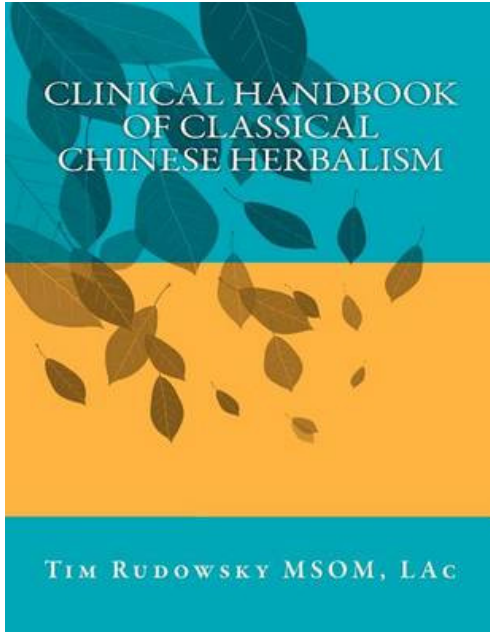


Clinical Handbook of Classical Chinese Herbalism



Tim Rudowsky



Tim Rudowsky

Green Tea
Apothecary Press

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This part-formula text, part-clinical notebook approaches standard traditional Chinese herbal formulas in a unique and readily accessible format. With both the Chinese herbal medicine student and practicing clinician in mind, the Clinical Handbook concisely presents herbal formulas alphabetically with associated ingredients, dosages, source text quotations, specific preparation and decoction instructions, TCM anecdotes, and notes from master herbalists.

In addition, all *Shanghan Lun* and *Jingui Yaolue* prescriptions are all paired with quotations from those texts along with fastidiously translated dosage information and preparation instructions penned by the hand of Zhang Zhongjing.

The ultimate purpose of this text is to join the renaissance of classical herbalism in the US by empowering students and clinicians with the requisite tools for authentic and effective herbal prescription. This text somewhat disregards the typical TCM formula categories and, instead, simply lists herbal formulas alphabetically in a dense, yet highly readable, format.

This book is the only one of it's kind in combining both clinical application with classical diligence and scholarship. As such, Clinical Handbook of Classical Chinese Herbalism is the perfect companion to the more comprehensive Bensky-Clavey-Stoger and Wiseman-Brand materia medicas. The Clinical Handbook was self-published by Green Tea Apothecary Press in Portland, OR.

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