

Trigger Point Needling for Myofascial Pain DVD

LONGBOTTOM Jennie



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DVD
RRP: \$95

Special Price:
\$80.75
plus p&h

This DVD is intended to augment the clinical training received from the myofascial trigger point training courses and contains:

- A brief overview of myofascial pain pathology
- Correct trigger point needling technique • Origins and insertions of muscles covered
- Individual pain referral patterns for each muscle covered
- Safe effective trigger point needling techniques
- Relevance of underlying anatomical structures to ensure safe needling
- Relevant stretching techniques for each muscle covered

Running time: 110 minutes

Language: English Aspect Ratio: 16:9 FHA Format: PAL Region: 0 Classification: E (exempt from classification)

Please note: This DVD is designed to be played on domestic DVD players, and playback on computers may result in picture or sound problems

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