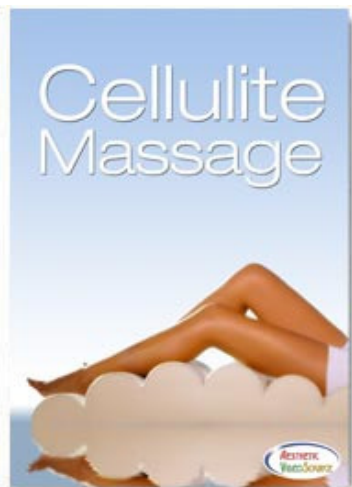


Cellulite Massage

DVD: 1 hour 13 mins

Susan Brown



Susan Brown
DVD 1hr13min
RRP: \$99.00

Special Price:
\$79.20
plus p&h

Get long lasting results with this “hands on” cellulite massage. Learn the steps and strokes of this intensive work to promote dimensional inch loss, smooth out dimpled skin, and flush toxins stored in fat cells. Susan Brown shows you the techniques that have yielded an average of 6 to 12 inches lost from the abdomen to the thighs for her clients, over the course of a 6-week program regimen. Before and after photos and documented inch loss verify her results.

In this comprehensive instructional video, Susan goes step-by-step through a complete massage session, demonstrating the strokes, pressure, depth, and direction.

She also goes over the benefits and contraindications, initial client assessment, client forms (agreement form, medical history form, and client tracking sheet), pricing, setting realistic client goals and expectations, measuring and tracking client progress, and follow-up recommendations for your clients to help maintain the results.

Cellulite massage works by loosening up the fascia, softening it, so it's not so rigid, and softening the fat tissue and expressing the toxins and directing them into the lymphatic system. Highly effective, this massage technique is considered an alternative to invasive liposuction. The regimen involves a six-week program, with three massages per week, to achieve the dramatic results.

Your clients will also have more energy and just feel better. This is such a great educational resource for massage therapy.

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