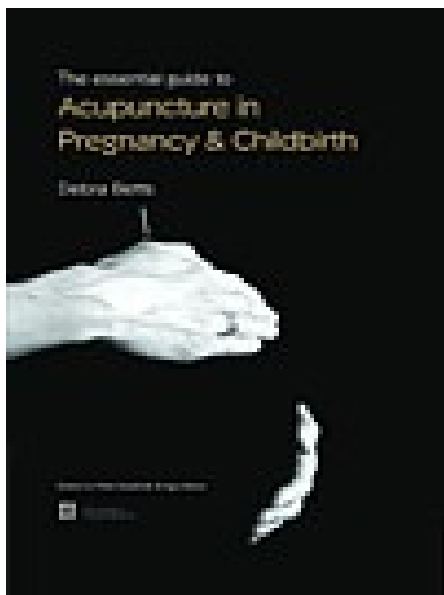


The essential guide to

Acupuncture in Pregnancy in Pregnancy & Childbirth

By Debra Betts



BETTS Debra

Journal of Chinese Medicine
2006 First Edition, 350 pages
8 pages of colour photographs,
40 illustrations

RRP: \$84.95



Order Form: plus \$7.50 P&H

Name _____

Address _____

State _____ P/code _____

Phone _____ Email _____

1. Please bill my credit card Visa Mastercard Signature: _____
 Exp

2. Direct Deposit: China Books Sydney, NAB World Square, BSB #082-024 Account #55251-0842.

3. By Cheque / Money Order

*'What Debra Betts does so skilfully in this book is distil all the knowledge we have available to us from written history into a practical compilation of what has actually worked in practice for her patients. **The Essential Guide to Acupuncture in Pregnancy & Childbirth** presents entirely practical and usable information in a succinct, simple, and elegant form which is easy to access and in a language which is easy to read' - Jane Lyttleton*

Twenty-seven chapters on the treatment of women through pregnancy, labour and the postnatal period, including:-

Miscarriage; nausea & vomiting; heartburn; constipation; varicose veins; haemorrhoids; vulval varicosities; urinary tract infections; fatigue & exhaustion; musculoskeletal conditions; anaemia; insomnia; anxiety & depression; vaginal discharge & itching; itching of the skin; sinusitis; hypertension (PIH); oedema; small-for-dates babies; breech & posterior positions; prebirth treatments; induction; intrauterine death; labour & delivery; acupressure in labour; postnatal treatment; research; Western & Chinese dietary advice.

Appendices offer full glossaries of both Western and Chinese medical terminology, full information on the stages of, and medical tests carried out through, pregnancy and fully illustrated guide to location and needling of all points discussed in the text.

Debra Betts has a background in nursing and graduated with a diploma in acupuncture from the London College of Acupuncture in 1989. She returned to New Zealand in 1991 and established a private practice specialising in pregnancy and women's health care. Since 1993 Debra has divided her time between her practice and teaching at the NZ School of Acupuncture and Traditional Chinese Medicine. She began teaching acupuncture courses to midwives in 1997.

CHINA BOOKS SYDNEY
Shop F7, 1st. Floor, Citymark Building
683 George Street SYDNEY NSW 2000
PHONE: 1300 66 14 84 / 02 9280 1885
FAX: 02 9280 1887
e-mail: info@ChinaBooksSydney.com.au