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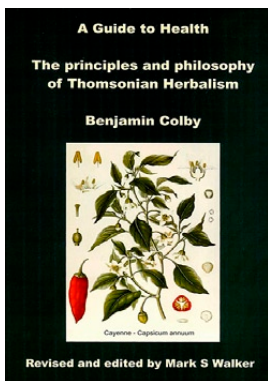
# Complementary Medicine

Written or selected by **Kerry Bone**

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## A Guide to Health — The Principles and Philosophy of Thomsonian Herbalism

A unique opportunity to begin or add to your collection of traditional herbal books **Includes CD-ROM**



Written by **Benjamin Colby**,  
a student of *Samuel Thomson*

Revised and edited by **Mark S. Walker**  
B Nat, Dip Herb Med

The first in our planned facsimile series of rare and difficult to obtain herbal texts that are still highly relevant to the modern clinician. A wonderful introduction to Thomsonian medicine. Selected by Kerry Bone from his extensive personal library. Originally published in 1844,

this edition has been revised and edited by Mark Walker who is a qualified and experienced naturopath, herbalist and author.

*A Guide to Health* by Benjamin Colby is well known as one of the most important books on Thomsonian Herbalism. Samuel Thomson was the founder of modern herbal practice in the English-speaking world and his work was a substantial influence on the early development of naturopathy.

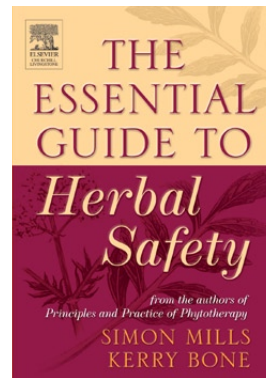
### FEATURES

- Medical systems of thought: orthodox thought at the time, homeopathy, water cure, and the Thomsonian system.
- Thomsonian Philosophy: the role of lifestyle in development of disease; Thomsonian approaches to assisting nature in removing obstructions and improving energy by using relaxing, soothing, stimulating or nutritive remedies.
- Materia Medica of actions and herbs of the Thomsonians.
- Medication and formulas used by the Thomsonians (e.g. composition powder and Thomsonian "course of medicine").
- The treatment of different manifestations of disease.
- Childbirth and paediatrics.
- Revised, edited and reformatted to include metric measures and modern definitions of archaic medical terms.

ISBN 0646420690 196 pages NPNS

## The Essential Guide to Herbal Safety

The first accurate and comprehensive book on herbal safety — a must for all health care professionals



Written by **Simon Mills** and  
**Kerry Bone**

As winner of the prestigious international **James A. Duke botanical book award**, the **American Botanical Council** voted this the **best botanical book of 2005**.

*The Essential Guide to Herbal Safety* presents an extensive discussion of the principles of and current major issues in herbal medicine safety. It contains comprehensive reviews of published safety data for 125 common herbs. With contributions from leading international experts, this book covers issues of quality, interactions, adverse reactions, toxicity, allergy, contact sensitivity and idiosyncratic reactions.

### FEATURES

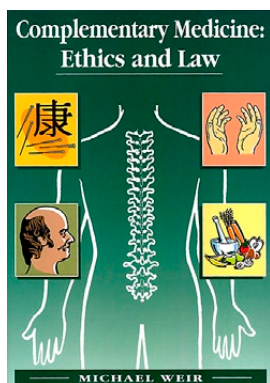
- Current authoritative and credible safety information from two experienced herbal practitioners.
- Combines theoretical chapters with 125 well-researched monographs.
- Clear information from current evidence-based reviews covering: herb safety; negative placebo effects (nocebo); unpredictable effects; herb-drug interactions; quality issues.
- Uses an established grading system for assessing safety in pregnancy and lactation that is appropriate to herb use.
- Thoroughly critiques the dominant misinformation in the media and medical journals on herb safety issues.
- Kava safety: contains 83 documented case studies on possible hepatotoxicity and effects. Kava safety is a hot topic.

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Council

## Complementary Medicine, Ethics and Law

Relevant and accurate information — a must for all health professionals — Second Edition



**Michael Weir** BA LLB(Hons) UQ, LLM (Bond) Assoc. Professor, School of Law, Bond University; Solicitor of the Supreme Court of Queensland

What are your ethical obligations and is your practice legal? *Complementary Medicine, Ethics and Law* provides a comprehensive, readable and informative approach to the vital issues and tricky legal situations arising in professional practice. It clearly outlines your legal obligations and ethical responsibilities,

permitted boundaries of practice, the ins and outs of commercial leases and indemnity insurance, and how to set up a practice. Associate Professor Michael Weir is an academic lawyer with broad legal experience. Trained in therapeutic massage, he has taught complementary medicine students on legal and ethical issues for 13 years and has a unique insight into the legal and ethical issues in the practice of complementary medicine.

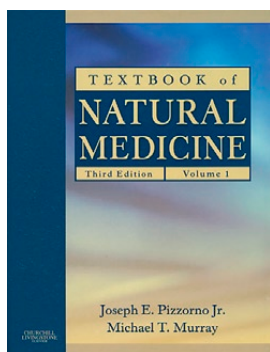
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Introduction: What is Complementary Medicine, Regulation of Health Professionals, Commandments of Professional Practice. Ethics and Professional Misconduct: Ethics, Codes of Ethics, Typical Points Covered by Codes of Ethics, Disciplinary action. Scope of Practice: Prohibition on the Practice of Medicine, The Need for Reform, Holding out as a Medical Practitioner, Registration Acts, Registration Acts and the Unregistered Practitioner, Duty to Refer to Medical Practitioner. Negligence and Professional Responsibilities: Complementary Medicine and Negligence, General Principles of Negligence, Providing Information to Clients, Consent to Treatment, Liability in Contract, Health Rights Complaints Legislation. Goods: Therapeutic Goods Act, Consumer Legislation, Fair Trading Acts, Liability for Faulty Products. Modalities: Chiropractic, Osteopathy, Therapeutic Massage, Naturopathy, Homoeopathy, Acupuncture, Traditional Chinese Medicine, Herbal Medicine. Setting up a Practice: Business Names, Trading Structures, Leasing Premises, Working from Home, Buying a Practice, Goods and Services Tax, Employees, Professional Indemnity Insurance. The Legal Process: Sources of Law in Australia, Types of Law, Court System, Acting as a Witness, Expert Witnesses. Epilogue. Table of Cases. Table of Legislation. Index.

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## Textbook of Natural Medicine

Text with continually updated online reference (E-dition option only), 2-Volume Set



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**Michael Murray** ND Faculty, Bastyr University, Kenmore, WA, USA

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#### Volume 2

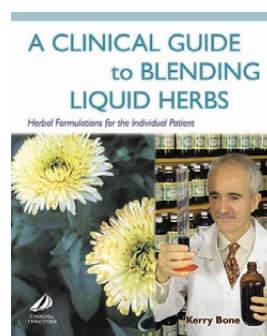
Section VI: Specific health problems; Appendices.

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## A Clinical Guide to Blending Liquid Herbs

Herbal Formulations for the Individual Patient

Practitioner feedback is that this is still the most clinically useful and accessible of the available modern herbal texts



**Kerry Bone** MCPP, FNHAA, FNIMH, DipPhyto, Bsc(Hons), Head of Research and Development, Medi-Herb (Pty) Ltd, Warwick, Queensland; Principal, Australian College of Phytotherapy, Australia, A Prof, Dept of Health, University of New England

This clinical guide and practical reference is ideal for those who use and combine liquid herbal remedies for the individual needs of patients. With three introductory

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### FEATURES

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